

FREYA FORUM

Sons of Norway, Freya Lodge #6-062 Newsletter

October 2023

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Ord fra Presidenten

Vikingfest is coming! Mark your calendars for October 14th. We can use volunteers and baked goods. Plan to stop by to help out for a shift and stay to enjoy shopping and lunch.

Be sure to provide your email at the Sons of Norway website sofn.com to receive the monthly E-Post which contains interesting articles, recipe's, etc. It's another member benefit and is a nice substitute for the Viking magazine which is now published bi-monthly.

It's hard to believe Fall has arrived. Hope to see you at Vikingfest!

Fraternally,
Lis Barca

BAKERS MAKE THE WORLD SMELL BETTER

The Freya Lodge Viking Fest is October 14, 10AM - 2PM.

The Bakery is a profitable and popular part of the event, so I am asking you to help fill the shelves by baking one or two of your specialties.

Please deliver your donation to Norway Hall on Friday, October 13th between 10AM and 1PM. If it is not convenient then, we can discuss alternatives.



Let me know if you are willing...
sirimax@att.net or 707-303-7860

*Mange tusen takk,
Siri Fenson*

FREYA LODGE, SONS OF NORWAY PRESENTS

34th Annual **Vikingfest**

*Culture, Community,
Camaraderie*

**OCTOBER 14,
2023**

10 AM TO 2 PM

**Norway Hall
617 W 9th St
Santa Rosa, CA 95401**

- Taste of Norway Lunch
- Live Viking Re-enactments
- Traditional Bakery
- Scandinavian Vendors
- Fresh Waffles and Coffee
- Raffle Prizes

www.freyalodge.org

Free Admission



Vikingfest is Freya Lodge's annual celebration of Norwegian heritage and all things Norwegian: from Viking era reenactments to modern art and pottery, Nordic arts and crafts, traditional foods, heritage keepsakes, cultural displays and demonstrations, and remembrance of Leif Erikson.

Come be a Viking for the day!



Member Milestones

During the November 11th luncheon at Norway Hall
ANNIVERSARY PINS
will be given to those having been Sons of Norway members for five to fifty-five years.

If unable to attend, but still wishing a pin, please contact
Siri Fenson, Membership Secretary at 707-303-7860 or sirimax@att.net

2018 - 5 years

Einar Asbo, Leona Biddle, Carol Brandstad Eber, Ashley Eib, Martha Garbesi, Andrew Ginsberg,
Jeremy Ginsberg, Sophia Ginsberg, Barbara Ginsky, Heidi Hochrein, Karen Humber, Robert Johnson,
Jack Potter, Clint Stevenson, Ann Strom

2013 - 10 years

Andrew Ragnes, Edward Tollefson

2008 - 15 years

Janet Ekberg, Max Fenson, Gloria Keller

2003 - 20 years

Shirley Stevenson

1998 - 25 years

Donald Johnson

1993 - 30 years

Susan Hiatt

1988 - 35 years

Sid Krogstad

1983 - 40 years

Dolores Scott

1978 - 45 years

Pamela Johnson

1973 - 50 years

Carol Martin, Richard Martin, Grete Trulock, Mange Veimoen

1968 - 55 years

Marlene Arild, Liv Asbo, Peter Ingeman, Barbara Van Cleave

Hip Hip Hurray! Gratulerer med dagen!

Congratulations to all of you!

Welcome New Members!

Lorena Fisher

Thanks for Renewing!

Jon Arild

Marlene Arild

Chris Christianson

Inger Crump

Carol Brandstad Eber

Karen Humber

Nancy Jensvold

Daniel Needham

Marne Olson

Hal Roa

Linda Roa

Rebecca Thompson

Vikingfest Needs You!

Our annual Vikingfest is coming up on Saturday, October 14th, and we need your help!

This is our biggest event, and a wonderful opportunity to share our culture and heritage with the local community. Please put it on your calendar and plan to help make the event a day we can all be proud of.

Freya Lodge is putting this on, and Freya Lodge is you!

Ways you can help:

- Take a shift in the kitchen or bake sale Friday, Saturday or both!
- Help with set-up Friday
- Help with parking Saturday
- Help with clean-up Saturday afternoon
- Bake cookies for the bake sale and bring in Friday morning

If you are able to help, please contact:

For **kitchen** sign-ups text *Michele* at 707-331-3817

For **bakery** sign-ups call *Siri* at 707-303-7860

For **set-up and parking** call *Cathan* at 707-843-0033

Scandia Book Club

Stolen

Ann-Helén Laestadius

October 17 @ 6:30pm (Tuesday)

<https://us02web.zoom.us/j/81433082734?pwd=NTVoRGd4UIRGefGzb0IGL0E4RGNIIdz09>

Meeting ID: 814 3308 2734
Pwd: Read

Last, but not least, tell your family, neighbors, friends and co workers and help spread the word in every way you can!

It takes a village (or lodge) to make this a successful event!

Til Minne

Berit Johnsen was a Charter member of Olav 82 in 1966 and she and her husband Thor served in many positions in Olav 82. Berit excelled as the Social Director off and on for many years.

Seven years ago she and Thor moved to North Carolina to be close to their daughter Heidi and their grandchildren. Unfortunately their joy was short-lived as they both got dementia and cancer. Thor passed away 3 years ago and now Berit has joined him in Valhalla.

Our sympathies to Berit's friends and family.

Submitted by Jon Arild

Welcome (back) to Lorena Fisher

Lorena was born in Rockford, IL and moved to Wickenburg, AZ in 1970. Her mother was the recently deceased Else Storm Rodrigues.

In 1989 Lorena moved to Sonoma County and, in 1991, married Bob Anderson while living in Sebastopol. She has two children—Kari Groves and Ray Dorow—and four grandchildren, Tristan, Willow, Alexxa and Makayla.

In 2002, Lorena and Bob were divorced, and she moved to Windsor. Her mother, Else, had moved to Santa Rosa in 1996 and brought Lorena into Freya Lodge. Both Lorena and Else transferred their memberships to Vikings of Lake Lodge sometime later.

Lorena carries on with her Scandinavian heritage with holiday lights, baking and decorating. She also enjoys knitting, crocheting and reading.

We will enjoy having you as part of our lodge, Lorena!
(You will find her as the morning cashier in the Bakery at the upcoming Viking Fest)

Siri Fenson, Membership Secretary



Save the Date!

Freya Lodge's 72nd Anniversary Luncheon

Saturday, November 11, 11:30am at Norway Hall

\$15/adult \$25/couple

Quiche, salad and Norwegian Pana Cotta

Performance by the Maria Carillo High School Chorus

Anniversary pins handed out to those celebrating
Sons of Norway membership for five to fifty-five years.

RSVP by November 7 to RSVP@freyalodge.org

Social Director

Greetings from the Kitchen!

Please volunteer to help with the following events:

October 14th: @10:00am—2pm **Vikingfest.** A Taste of Norway Lunch, bakery, vendors, the Society of Creative Anachronism will present Viking demonstrations, fiber arts, brewing and more. Free event.

****I need help with prep on Friday 10/13 Afternoon**

****Kitchen Help from 8am to 4pm / Sandwich prep and working at Vikingfest.**

Contact me if you can help: michele.dawn.edler@gmail.com or Text me at 707-331-3817 (Please do not call)



November 11th: @11:30am **Anniversary Luncheon.** Quiche, salad, bread and Norwegian Pana Cotta. Maria Carrillo HS Chorus singers will entertain us and the history of Freya Lodge will be presented.

December 9th: @2:30pm **Juletrefest.** Singing around the Christmas Tree, crafts, visit from Santa. Cookies, coffee and juice.

Please check the calendar and website so you can plan ahead for events at the lodge.

Thank you to Karen Humber, Karen Larsen, Janice Shipley, and Lucinda Winkler for helping me make the Lefse, Meatballs and Almond cakes! Your help was so welcomed and appreciated. Thank you again!

See you in the Kitchen!

Michele Edler
Social Director

FRILUFTSLIV Outdoor Life and Recreation

In September we began our Tunsbergleden walk, finishing our miles to Sandefjord in Sonoma Valley Regional Park. In October we will continue our Tunsbergleden walk to Tønsberg, walking our last miles at Mark West Creek Regional Park.

Saturday, October 28
9:30 am
Mark West Creek Regional Park



Meet at Bad Ass Coffee, 90 Mark West Springs Rd, Santa Rosa at 9:00 am.

Carpool and caravan to the park and check in.

The park entrance is 6+ miles east on Mark West Springs Road/Porter Creek Road

This park is currently closed.

I have made reservations for our group for the special Park Preview Day.

Coffee and muffins at the end of our hike. ***Please RSVP!***

Other outdoor adventures in October

- **October 3, Tuesday, 10:00 – 12:00 – *Senior Saunter***
A guided leisurely stroll through Ragle Ranch Park, 500 Ragle Road, Sebastopol
- **October 7, Saturday, 10:00 - 12:30 or 1:00 – 3:00 – *Raptor Walk***
Sears Point Trailhead, 7699 Reclamation Road, Sonoma
Register at <https://sonomalandtrust.org/outings/>
- **October 25, Wednesday, 8:30 – 10:30 am. – *Winging It Wednesday***
Crane Creek Regional Park, 5000 Pressley Road, Rohnert Park
The hike is designed especially for older adults to enjoy nature, each other's company and the unique avian friends found at the park

And the Tunsbergleden Walk, from Sandefjord to Tønsberg, is 12.5 miles. We pass the site where the famous 9th century Gokstad Viking longship was excavated. The ship could carry 40 to 70 crew and is now on display in the Viking Ship Museum in Oslo. We pass St. Mary's Church in Borgheim, a pilgrimage site in the Middle Ages. At our destination in Tønsberg, the oldest city in Norway founded by Vikings in the 9th century, we visit Oseberg Mound where a Viking ship was found and the largest and richest examples of craftsmanship from the Viking Age.



Carol Brandstad Eber
Sports Director
ceber@att.net
707-364-1564



October 10th Live Vesterheim Museum Presentation

Thanks to those who signed up and participated in the September Vesterheim Program – The Power of Silver: Traditional Norwegian Jewelry. Thanks, especially for those who gathered some other together to share the experience. Many who signed up for The Power of Silver, have already signed up for The Voyage of the Restauration, scheduled for October 10th. If you haven't already, you can go to the link below to do that. Also, those who are looking to watch the recorded presentation; can contact me to arrange for that.

These presentations have been provided for by the District Six, Sons of Norway; for our members. Everyone who signs up will receive a brief survey by email. Feedback from those who participate, will help us know if more programs of this sort would be of interest to our members, in the future.

The presentation will be just under an hour, including a short Q & A. Up to 100 devices can be logged in, so watching with others allows more to watch the live presentation.

Presentation: The Norwegian 'Mayflower': The Voyage of the Restauration

Date: Tuesday, October 10 (8 PM CDT, 7 PM MDT, 6 PM PDT)

Speaker: Dale Goodman, Former Vesterheim Trustee

Program Description: In the period beginning in 1825 and for about 100 years following, nearly 40% of the population of Norway – more than 800,000 Norwegians – immigrated to the United States. Most of those immigrants came for “economic opportunity,” but the first immigrants – known as the Sloopers of 1825 – came for religious freedom. The voyage was three years in the planning by an alliance of Quakers and Haugean Lutherans. Beginning on July 4th, 1825, a 54-foot sloop named Restorasjonen (The Restauration) took 52 passengers on a 98-day journey from Stavanger, Norway to New York City. This presentation follows the story from its roots (in the Napoleonic Wars), through the voyage itself, the reception in New York City, and finally to the first Norwegian settlement in the United States in Kendall, New York.

Sign up here: <https://sofn6.org/vesterheim-the-norwegian-mayflower/>



Vesterheim, the National Norwegian-American Museum and Folk Art School, welcomes people of all ages and backgrounds to engage in the conversation of the American immigrant journey through the lens of the Norwegian-American experience and to participate in the continual evolution of traditional folk art as it meets new influences. Vesterheim offers innovative and interactive exhibits, classes, and programs, both at the dynamic campus and park in scenic Decorah, Iowa, and online at vesterheim.org and Vesterheim social media.

Judy Purrington, District Six Cultural Director, Sons of Norway

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District News

To receive updates of District Six happenings, please check out the District Six website at sofn6.org.

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Culture, Community, Camaraderie

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SONS of NORWAY

Mission Statement
*The mission of
Sons of Norway
is to promote and to
preserve the heritage and
culture of Norway,
to celebrate our relationship
with other Nordic countries,
and to provide quality
insurance and financial products
to its members.*