



FREYA FORUM

Sons of Norway, Freya Lodge #6-062 Newsletter

September 2022

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Ord fra Presidenten

It's hard to believe it's already September. Vikingfest will be held on October 1 which is right around the corner.

Volunteers are needed to help with everything from set up/take down, kitchen and bakery, selling raffle tickets to parking help. More specifics on kitchen help needs can be found in Michele's article on page 3.

We will be reaching out to ask for your help. Please let me know if you can volunteer editor@freyalodge.org or 707-579.1080.

Freya Lodge had a table at the Finding History Day event held at Finley Community Center in August. This event is a celebration of local historical and cultural organizations. Our table held displays of Norwegian wood carving, knitting, rosemaling, and my favorite 2 headed troll. It was a fun day spent talking about our lodge.

Fraternally,
Lis Barca

Bakers Make the World Smell Better

The Freya Lodge Vikingfest is coming to Norway Hall on October 1st.

The Bakery is an important and popular part of the event.

Won't you help by baking some of your specialties to be sold?

Please contact Siri Fenson by phone, 707-303-7860 or e-mail sirimax@att.net

Tusen Takk!

You may deliver your baked donations to Norway Hall on Friday, September 30, between 10AM and 1PM. Pick-up from your home can also be arranged.



Insurance News

Sons of Norway has some Guaranteed Insurance Policies for up to \$50,000.00 without medical underwriter.

If you are interested, let me know.

Adrienne Lincoln
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Scandia Book Club

Katharina Code
Jørn Lier Horst

September 20 @ 6:30pm (Tuesday)

White Shadow
Roy Jacobsen

October 18 @ 6:30pm (Tuesday)

<https://us02web.zoom.us/j/81433082734?pwd=NTVoRGd4UjRGeFgzbl0lGL0E4RGNIz09>

Meeting ID: 814 3308 2734
Pwd: Read

Cultural Skills Classes/Workshops

Rosemaling Workshop

Saturday, September 10th, 9:30am—12:30pm

Norway Hall, 617 W 9th Street, Santa Rosa

Beginner and close-to-beginner “malers”

Instructors Karen Larson and Julie Cebula

* A small materials fee will be charged

Genealogy Workshop

Saturday, October 8th, 9:30am—12:00pm

Norway Hall, 617 W 9th Street, Santa Rosa

Instructor Kirby Aasen of Vikings of Lake Lodge

* A small fee will apply

Norwegian Language Lessons

Mondays, September 26, October 3, 24 and 31 at 3:00pm

Instructor Anne-Marie Winterhalder will hold the class at her home at the Fountaingrove Lodge, 4210 Thomas Lake Harris Dr, Santa Rosa

The fee of \$40 is a donation to Freya Lodge.

The class is full, but you are welcome to call Siri to be put on a wait list.

Don't delay letting Siri Fenson know which workshops/class you are interested in attending.

Email sirimax@att.net or call 707-303-7860.

Social Director

Greetings from the Kitchen!

Vikingfest is one of our biggest fundraisers and is open to the public. We will have merchants selling their wares (including me) and food to make. I will be looking for people to help in the kitchen with food prep and making of:

Waffles: Sandi Mc Connell + Need help

Sandwiches: Need help

Meatballs with gravy/Vikings in a Boat: Need help

Other kitchen duties: Need help

Please email me asap if you can help in the kitchen and possibly serve food to the public.

michele.dawn.edler@gmail.com

This event cannot run without your help. I implore each member of our lodge to volunteer just 2 hours to make this event successful. At each event you attend there are 5 key people who always run it, at some point very soon they will burn out and if no one comes forward to volunteer then our lodge will have no more events.

As a member of Freya lodge, I am asking for just 2 hours of your time to be involved with YOUR lodge. Thank you for reading my scared rant of possibly losing events at Freya Lodge.

The next events we have for 2022 are:

November 18th (Friday) - Anniversary Dinner

December 10th - Julebord Dinner

Traditional Norwegian Cooking Class will be held at my home in Petaluma.

1st meeting on zoom: 01/15/2023

From there we can meet during the week: Day or Night, that will be determined in the zoom meeting.

If you are interested in the 2023 class, please email me at: michele.dawn.edler@gmail.com

See you in the Kitchen!

Michele Edler
Social Director



FRILUFTSLIV - Outdoor Life and Recreation

In August, six Hiking Vikings of the Freya Lodge explored Riverfront Regional Park west of Windsor. The hike was a flat 2.4-mile round trip around Lake Benoist, a former gravel pit. We spotted fish in the lake. The morning gray sky kept us cool as we circled the lake, but the sun was shining when we ended. Following the hike, we convened



under redwood trees for cinnamon buns, Trondheim Rose, coffee, and conversation. We talked about future locations for hikes and agreed that we could travel a bit to special locales – Angel Island, Kortum Trail (best in the spring for wildflowers), and others. If you have suggestions for a favorite place for the Hiking Vikings, let me know.



For this month, Hiking Vikings, let's meet for an autumn hike on Saturday, September 17 at 9:00 a.m. Autumn is the perfect time to explore the Laguna de Santa Rosa Trail before the winter rains transform the land into a flooded marsh. Will there be any water there now? This 1.8-mile trail has the biologically diverse landscape of Sonoma County's largest freshwater wetland. The trail runs along the east side of the Laguna's main channel between Highway 12 and Occidental Road. The compacted gravel trail mostly passes through grasslands dotted with oaks and eucalyptus. There are distant views of Mount Saint Helena and adjacent vineyards. The trail loops around Kelly Pond, which offers bird-watching. The entrance is at 6303 Highway 12, Santa Rosa, There are 12 parking spaces, a chemical toilet, and trash and recycling bins. Parking is free.

Here is the website for more information. <https://parks.sonomacounty.ca.gov/visit/find-a-park/laguna-de-santa-rosa-trail>

Let me know if you will be joining us on September 17!



Carol Brandstad Eber, Sports Director
ceber@att.net
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Welcome to Jessica Morris, a New Freya Lodge Member

“Learning this year that my DNA is predominantly Norwegian has inspired me to start genealogical research in that part of my family tree and to begin studying the Norwegian Bokmål language. My maternal grandfather was the last to come from Norway in the 1860s, ultimately settling in Alameda.

I have worked as a pastry chef and culinary instructor and operated food business incubators. In recent years I have been more of a “serial entrepreneur”, helping others open and optimize businesses and planning my own products.

I’d love to connect with people to practice my language skills, learn more about genealogy research and am also interested in learning more craft and cooking traditions. My wish is to plan a trip to family’s ancestral region in Norway within the next few years.

I look forward to meeting other members and becoming a part of the community here”.

VELKOMMEN, JESSICA! We are glad to know that you have signed up for the Norwegian Language class (and maybe thinking of taking part in the Genealogy and Rosemaling workshops?)

Siri Fenson, Membership Secretary

Tubfrim Update

During our recent District 6 convention in Mesa, Arizona, a number of lodges contributed a large amount of accumulated Tubfrim stamps to the Postal History Foundation. We have been advised by the Foundation chairman that the overall grand total of those donations amounted to an estimated 42,000 stamps. Freya donated a good-sized box of stamps.

Max Fenson

Celebrate and share your Norwegian Heritage today

As a member in good standing, you are entitled to sponsor FREE Heritage membership to young relatives aged 15 and under.

Heritage members can try out folk arts and learn Cultural Skills through their lodge or online.

Cultural Skills units written specifically for children to earn pins include folk dancing, figure carving, knitting, stamp collecting and Hardanger Embroidery. In addition, fitness and outdoor fun like biking, swimming, walking or skiing can earn bronze, silver, gold and enamel Sports Medals.

Ask Membership Secretary Siri for an enrollment form or go directly to [Benefits of Heritage Membership | Sons of Norway](#) .

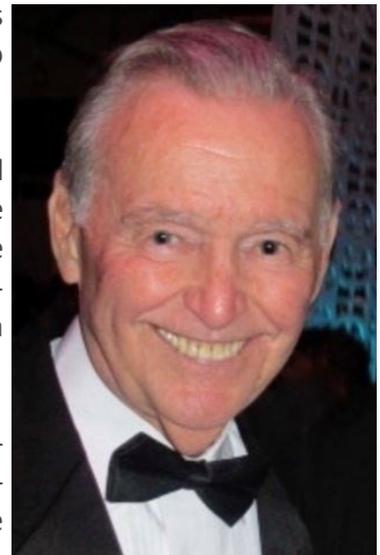
Lester Hoel Obituary

February 26, 1935—April 19, 2022

Lester Hoel died peacefully on April 19, 2022, in San Francisco. He was born in New York during the Great Depression on February 26, 1935, to Norwegian immigrants, Johannes and Julie Hoel.

Lester believed in education—for himself and others. Education allowed him to rise out of the Brooklyn tenement where he grew up to become one of the world's foremost authorities on public transportation. He attended Brooklyn Technical High School, City College of New York, Polytechnic Institute of New York (now NYU), and the University of California at Berkeley (where he earned his Doctorate).

Lester had a long and distinguished career as an educator and researcher. He retired in 2009 at the age of 74. Lester was a prolific and influential writer in his field. He pioneered research that would influence the future of highway transportation.



Lester loved his violin and could play any song by ear. Fritz Kreisler and The Statler Brothers were his favorites, as he was passionate about both classical and country music. He loved playing duets with his piano-playing friends.

Lester and his wife Unni became members of Freya Lodge in 2012 and were enthusiastic and generous members while living in St. Helena. For the last few years they have been living in the Towers in San Francisco and because of Covid and the distance, have not been able to participate in Freya Lodge events.

Lester was a positive and enthusiastic friend to many. His beautiful smile and warm personality will be missed by everyone who knew him. Our condolences go out to his lovely wife, Unni, as well as their children and grandchildren. Rest in peace, Lester.

Submitted by Anne-Marie Winterhalder



Til Minne

It's with a heavy heart that we report the passing of former Olav Lodge and current Freya Lodge member Beverly Lone Mooney . We haven't seen Beverly at our events since she moved to Oceanside a few years ago.

Our condolences to her daughters and grandchildren. She will be missed.

Genealogy: Do you have a farm name?

Norwegian genealogical research involves knowing toponymic (farm or land) names and/or patronymic names. In my own family, some of us used our toponymic names and some used a patronymic name.

I was lucky that the name of Stutrud followed me from my third great grandfather. Some of my cousins, not so lucky since the patronymic name usually changes every generation.

I recently helped someone whose last name is Kvalevog. He was stumped that he didn't know where this was in Norway.



First source is a website where a search can be done for farm names and locations. It is based on a series of volumes created by Olav Rygh. https://www.dokpro.uio.no/rygh_ng/rygh_felt.html

The list of farms is extracted from "Norwegian Farm Names".

Number of hits: 1

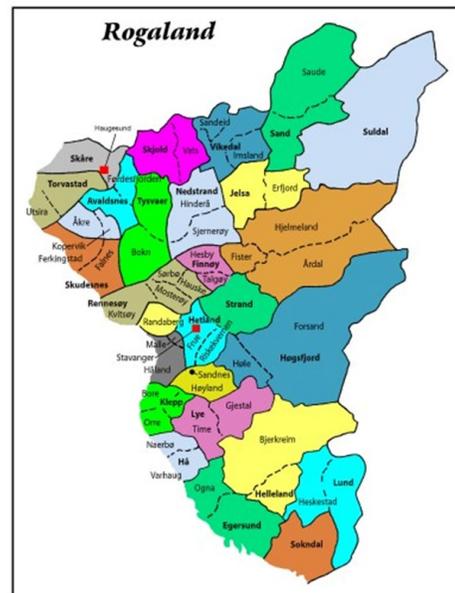
Show

Farm no.	Farm	Parish	Municipality	County
□ 16	Kvalevaag	Avaldsnes	Avaldsnes	Stavanger amt

The search results showed that this farm is in Avaldsnes parish in Stavanger county.

This map of Norway from the Family Search Wiki on Norwegian genealogy shows that Stavanger county is now Rogaland. Knowing the county name changes is imperative for knowing where to find records you seek.

Another map from the Family Search Wiki on Norwegian genealogy shows a map of Rogaland. The parish of Avaldsnes is in the upper left area below the red dot in Skåre.



Finally, again from the Family Search Wiki on Norwegian genealogy, is a list of farms in Rogaland and Kvalevaag is included.

https://www.familysearch.org/en/wiki/Avaldsnes_Parish,_Rogaland,_Norway_Genealogy

This is one example of how to locate a farm in Norway. Quite often there are farms of the same name found around the country. This is comparable to finding DNA matches; genealogical research still needs to be done to determine the relationship. This situation still requires the same methodology of researching your lineage to prove their origins in Norway. Let me know if you have any questions.

Submitted by Pamela Stutrud Groth

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GRATULERER MED DAGEN!

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Lars Olsen

Pamela Ragnes

Brice Robison

Shirley Stevenson



<https://www.timetraveler.company>

FREYA LODGE, SONS OF NORWAY PRESENTS

33rd Annual Vikingfest

*Culture, Community,
Camaraderie*

**OCTOBER 1,
2022**

10 AM TO 3 PM

**Norway Hall
617 W 9th St
Santa Rosa, CA 95401**

- Taste of Norway Lunch
- Live Viking Re-enactments
- Traditional Bakery
- Scandinavian Vendors
- Fresh Waffles and Coffee
- Raffle Prizes

www.freyalodge.org

Free Admission



Vikingfest is Freya Lodge's annual celebration of Norwegian heritage and all things Norwegian: from Viking era reenactments to modern art and pottery, Nordic arts and crafts, traditional foods, heritage keepsakes, cultural displays and demonstrations, and remembrance of Leif Erikson.

Come be a Viking for the day!





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Culture, Community, Camaraderie

Freya Lodge, Sons of Norway

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**SONS of
NORWAY**

Mission Statement

*The mission of
Sons of Norway
is to promote and to
preserve the heritage and
culture of Norway,
to celebrate our relationship
with other Nordic countries,
and to provide quality
insurance and financial products
to its members.*