

FREYA FORUM

Sons of Norway, Freya Lodge #6-062 Newsletter

August 2022

Ord fra Presidenten

Hope to see you at our picnic on August 20. Our youth director, Kerrily, has planned a simple challenge course (with prizes) for the kids. It should be a fun time.

After a 2 year hiatus, Vikingfest is back! We will need volunteers to help with everything from set up/take down, kitchen and bakery, selling raffle tickets to parking help.

Please let me know if you can volunteer editor@freyalodge.org or 707-579.1080.

Article Index

Membership	Page 2
Cultural Skills	Page 2
Scandia Book Club	Page 2
Social Director	Page 3
Friluftsliv	Page 4
New Member Bios	Pages 5-6
Birthdays	Page 7
Picnic	Page 8
Kretsstevne	Page 9

Til Minne

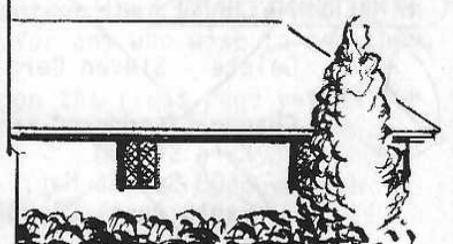
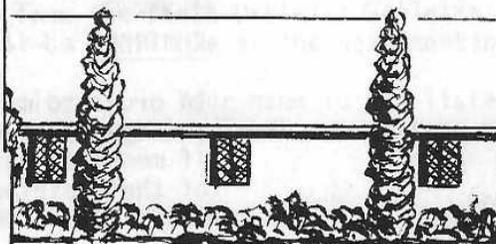
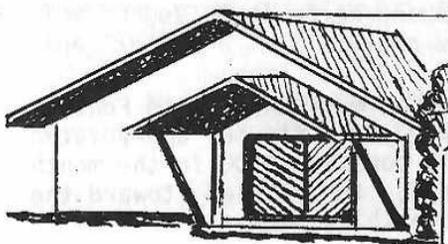
Former Olav Lodge and Sons of Norway Life Member Elin Nielsen passed away last month. Our condolences to her friends and family.

Mark your calendars for our upcoming events:

August 20, 2022 11am—1pm
Summer Picnic

October 1, 2022 10am—3pm
VIKINGFEST!

Lis Barca
President



Welcome New Members!

Jessica Morris

Thanks for Renewing!

Jon Arild
Inger Crump
Carol Brandstad Eber
Pamela Johnson
Beth Lewis
Emily Lewis
Ned Lewis
Trudy Macchia
Marne Olson
Hal Roa
Linda Roa
Richard Wooster
Yasuko Wooster

Cultural Skills Classes/Workshops

Rosemaling Workshop

Saturday, September 10th, 9:30am—12:30pm
Norway Hall, 617 W 9th Street, Santa Rosa

Beginner and close-to-beginner “malers”
Instructors Karen Larson and Julie Cebula

* A small materials fee will be charged

Genealogy Workshop

Saturday, October 8th, 9:30am—12:00pm
Norway Hall, 617 W 9th Street, Santa Rosa

Instructor Kirby Aasen of Vikings of Lake Lodge

* A small fee will apply

Norwegian Language Lessons

Mondays, September 26, October 3, 17 and 24 at 3:00pm

Class is for those with some knowledge of the Norwegian language.

Instructor Anne-Marie Winterhalder will hold the class at her home at the Fountaingrove Lodge, 4210 Thomas Lake Harris Dr, Santa Rosa

* A small fee will apply

Don't delay letting Siri Fenson know which workshops/class you are interested in attending.

Email sirimax@att.net or call 707-303-7860.

Scandia Book Club

Us Against You
Fredrik Backman

August 16 @ 6:30pm (Tuesday)

Katharina Code
Jørn Lier Horst

September 20 @ 6:30pm (Tuesday)

White Shadow
Roy Jacobsen

October 18 @ 6:30pm (Tuesday)

<https://us02web.zoom.us/j/81433082734?pwd=NTVoRGd4UjRGeFgzbl0lGL0E4RGNIodz09>

Meeting ID: 814 3308 2734
Pwd: Read

Social Director

Greetings from the Kitchen!

I am looking for a few good men and women to be on the Kitchen Dream Team for events, that includes decorations, cooking, serving, cleanup; there is always more that is needed, but I cannot do the events by myself.

If you are interested in becoming a team member for the Dream Team, email and let me know, michele.dawn.edler@gmail.com.



August 20th – Saturday

BBQ Picnic: I will need people to help with setting up tables and canopies, Decorations and cooking. Setup time is 9am.

Please let me know if you can help with this event: michele.dawn.edler@gmail.com.

October 1st—Saturday

Vikingfest! Kitchen staff/ Waffle helper/ Food prep on Friday

Vikingfest is a big day, I will need volunteers to help make Lefse in September, it will be a 2-day adventure, but we need all we can get for the bakery at Vikingfest.

If you wish to donate your homemade lefse to the lodge that will work as well.

January 2023 will start the new class schedule for the Traditional cooking class:

It will be held at my home in Petaluma during the week so everyone can join in, and it is not just on a Saturday. If you are interested in joining the class it will be approximately 4 weeks, meeting once a week and completing all 14 dishes to earn your complete set of pins for Cooking.

Please email me for more information: michele.dawn.edler@gmail.com

See you in the Kitchen!

Michele Edler
Social Director

FRILUFTSLIV - Outdoor Life and Recreation

Gratulerer to Rich Sandvick. He has earned a gold medal in Gangmerke for his miles of hiking in parks all over Sonoma County from February through July. He hiked Pole Mountain, Foothill, Shiloh, Anadel, Kortum Trail, Jack London, and more. Rich is an inspiration!

By popular demand the Hiking Vikings will meet again in August. Come join us at Riverfront Regional Park on Saturday, August 27, at 9:00 a.m. for an easy 2 mile hike around Lake Benoist, followed by coffee in the lovely redwood grove. Hiking and coffee – a custom for some of our Norwegian members. On the hike we will look for the eagles that are roosting there. The park is located at 7821 Eastside Road. , west of Windsor along the Russian River. From Santa Rosa exit Highway 101 west on River Road to Trenton-Healdsburg Rd., then jog left at Eastside/Mark West Station Rd. Coming from Windsor take Windsor River Rd and turn left at Eastside Rd. Watch for the park sign along Eastside Road. Parking is \$7.00 or free for Regional Parks members.

If you have any questions or want to let me know that you will be joining us, send me an email or give me a call.



Carol Brandstad Eber, Sports Director

ceber@att.net

707-364-1564

Bake Someone Happy

The Freya Lodge Vikingfest is coming to Norway Hall on Saturday, October 1st.

The bakery, featuring home-made cookies, cakes, pies and breads, is an important and popular part of this event.

Will you bake some of your specialties?

Please let me hear from you by e-mailing sirimax@att.net or by phone 707-303-7860.

In advance,
MANGE TUSEN TAKK,
Siri Fenson



**Freya Lodge welcomes three new members -
Carole Gerst, Phillip Herzog and Karen Humber.
We look forward to meeting you.
Hjertlig Velkommen!**

Carole Gerst

"I was born and raised in San Francisco and moved to a ranch near Occidental when I was 10. I attended SRJC, SSU and graduated from UC Berkeley. I attended UC Davis School of Medicine where I met my first husband.

My mother, Gertrude Delaney, who was a secretary of Freya Lodge, took the two of us children to Norway to meet the relatives. I learned "Takk för maten" and "Tusen takk" as we were fed wonderful meals at every home. In the small village of Eiken where my mother's mother was born, we hiked up the Hockfield and picked and ate blueberries that grew along the goat trail. We learned of a British flyer who was hidden in a cabin, high on the mountain, during the war. Supplies were brought to him, disguised as for "feeding the goats". The truth was revealed, and the mayor was killed. We toured the Resistance Museum in Oslo with a relative who told many stories of how life had been during WWII. We met a relative who was a physician in Bergen.

Later, with our children, we toured Norway, again visiting relatives. We met another relative, a physician, who played us a song of resistance on the piano. Her son has come to America with three college friends and played on my piano. He, too, has become a doctor.

My son, Jeremy, now lives in Oslo as a dual American-Norwegian citizen, with his physician wife, Karina, and a young daughter, Sonja. Jeremy attended Camp Norge in Alta many times.

I met my current husband, Phillip Herzog, when we both were square dancing in Santa Rosa. I hope that one day he can visit Norway".

Phillip Herzog

"I was born on January 26, 1970, here in Santa Rosa, the 4th of 5 children from Don and Becky Herzog. We grew up in and around Occidental where my folks, for 50 years, had their nursery business. In those early years we went to church in Forestville and synagogue in Santa Rosa.

My schooling began at Harmony School in Occidental; then moved to Santa Rosa Christian School and finally, to El Molino High School in Forestville, from where I graduated in 1989. I continued at SRJC where I began studying math and geology, but due to medical issues, did not finish a degree. While in school, from about 6th grade on, I played the flute.

I worked for my folks in their nursery off and on for many years. Sometimes I did my own things like custom design and installation of waterfalls and koi ponds (the most rewarding work I ever did). I also was, as I like to say, a bit of an entertainer. I had a portable walk-in maze that I put up at fairs and festivals. What fun that was! The last thing I did for work was as a roofing estimator, which was just about the perfect job for me... until the financial crisis happened.

~ Continued on next page ~

New Member bios - continued

In 2009, I met Carole while square dancing at Singles and Pairs Square Dance Club in Santa Rosa. Not only is she so beautiful, but she dances with such fervor, gusto and grace. As it turns out, we lived only a short distance from one another, so we would sometimes carpool to go dancing. We grew closer and finally married in March of 2012.

I began having trouble with my legs, but danced as long as I could. In 2015, I had spinal surgery and have after that, been using a wheelchair.

Though I stopped dancing around 2014, I began square dancing again in the wheelchair in 2019 and even (due to necessity) began learning to 'call' and am loving it. However, arm problems have stopped my dancing again, but hopefully not permanently.

I have not been to Norway, but look forward to perhaps going some day—visiting Carole's relatives, including son Jeremy and his family".

Karen Humber

"My mother was born in Oslo in 1925. She grew up in the Holmenkollen area in a house where my cousin still lives. I have been fortunate to visit family many times, both as a child and adult. My mom came to California in 1945 and lived with the Norwegian Consul in San Francisco who was a close friend to my grandmother back in Norway.

Mother worked for a Norwegian shipping line and soon met my father. He was born in Saskatchewan, Canada. After getting married, my parents moved to Sausalito and, soon after I was born, to Kentfield. I went to Redwood High School and then to University of the Pacific where I received my Special Education Teaching credential. I ended up teaching special education in Gilroy for 40 years before retiring.

I have two sons: one living in Tennessee with his wife and the other in the East Bay. My sister lives in Woodacre and one brother in Novato and one in Oregon. My partner, Gary and I are excited to be moving from Gilroy to Rohnert Park. We are looking forward to cooler weather, easy access to the Northern California coastline, wine tasting and being close to family. My hobbies in retirement have been learning Norwegian, Norwegian Genealogy and perfecting my Cardamom Rosinboller (raisin rolls) baking skills. We both love walking and staying active. Gary is a yoga guy, and my passion is CrossFit.

I was a member of Nordahl Grieg Lodge in Los Gatos and also of Daughters of Norway in Palo Alto.

Now I look forward to being part of Freya Lodge, becoming more active with the organization and meeting all of you soon".

Siri Fenson, Membership Secretary

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707-539-1021 sandrahedvig@aol.com

Norway Hall Maintenance Committee

President: Cathan Potter

707-843-0033 cathan.potter@gmail.com


GRATULERER MED DAGEN!

Donovan Barron

Patricia Bonderud

Lars Egede-Nissen

Vanja Flak

Andrew Ginsberg

Nathen Gong

Indra Hill

Donald Johnson

Emily Lewis

Jessica Morris

Egil Mortensen

Erik Oehm

Victoria Paoloni

Barbara Van Cleave



<https://www.timetraveler.company>



Freya Lodge,
Sons of Norway



Come join us for a summer picnic at Norway Hall!

Celebrate the end of Summer and welcome Fall with your friends at the lodge out on the back lawn.

Bring the kids and grandkids!
Enjoy fun, fellowship and food.

Lawn games: Kubb and cornhole
Challenge course for the kids

BBQ Hot Dogs, potato salad, chips
and ice cream.
\$5 per person (kids under 13 eat free)

Date: August 20th, 2022
Time: 11am-1pm

Please RSVP by calling 707-579-1080 or email
RSVP@freyalodge.org
no later than August 16th.

617 West 9th St, Santa Rosa



Labor Day Weekend –September 3,4,5 2022

NORTHERN CALIFORNIA KRETSSTEVNE (NCK)

Velkommen Tilbake!! WELCOME BACK!!!!

Zones 1,2 and 3 invite YOU to our “Jewel in the Sierras” for the “Gathering of the Clan”!! Come for the entire weekend or play with us just part of the weekend!



Delicious Meals will all be served in the **Heritage Hall.**

Activities: Horseshoe Tournament, Kids’ games, Swimming pool fun, hiking, Karaoke and more!!



WINE TASTING: Join in this Saturday event with appetizers before dinner!

Mail this form and a check for the meals, made out to District Six to: **Zone 1 Director, Tove Lise Miller**
2656 Barbera Way, Rancho Cordova, CA 95670 (phone: 916-508-5555)

Name _____ Lodge Name & # _____

Address _____ City/State/Zip _____

Contact # (____) _____ Email _____

Saturday Breakfast.....Adult(s) _____ x \$7.00= \$ _____	Children (under12) _____ x \$3.50= \$ _____
Saturday Lunch.....Adult(s) _____ x \$8.00= \$ _____	Children (under 12) _____ x \$4.00= \$ _____
Saturday Dinner.....Adult(s) _____ x \$15.00=\$ _____	Children (under 12) _____ x \$7.50= \$ _____
Sunday Frokost..... Adult(s) _____ x \$10.00 = \$ _____	Children (under 12) _____ x \$5.00= \$ _____
Sunday Dinner..... Adult(s) _____ x \$15.00=\$ _____	Children (under 12) _____ x \$7.50= \$ _____
Monday Breakfast..... Adult(s) _____ x \$5.00= \$ _____	Children (under 12) _____ x \$2.50=\$ _____



Or purchase the weekend package and save

Weekend Package....Adult(s) _____ x \$50.00 _____ Children (under 12) _____ x \$20.00 = \$ _____

PRE-REGISTRATION of meals is imperative in order to purchase the correct amount of food.

The Meal Registration Deadline is August 26, 2022.

Make checks payable to District Six and mail to the Registrar—see above!!

Bring your tent or RV or call Susan to reserve a room (530) 389-2508.





Johanna Sandev
REALTOR[®], DRE #01255368

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www.freyalodge.org



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District News

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Culture, Community, Camaraderie

Freya Lodge, Sons of Norway

Lis Barca, Editor

403 Decanter Cir
Windsor, CA 95492



**SONS of
NORWAY**

Mission Statement

*The mission of
Sons of Norway
is to promote and to
preserve the heritage and
culture of Norway,
to celebrate our relationship
with other Nordic countries,
and to provide quality
insurance and financial products
to its members.*