

FREYA FORUM

Sons of Norway, Freya Lodge #6-062 Newsletter

August 2021

Ord fra Presidenten

Upcoming events: A field trip, aquavit tasting and BBQ. Please mark your calendars and RSVP to join us. See page 2 for the Fort Ross trip details and page 3 for more info on the aquavit tasting event. Save the date for "All About Leif" happening on October 9.

We hope our campers had a great time this summer at camp. Don't forget that next month, Camp Oldfjell is back. A wonderful opportunity to enjoy Camp Norge, visit with friends and learn some new cultural skills.

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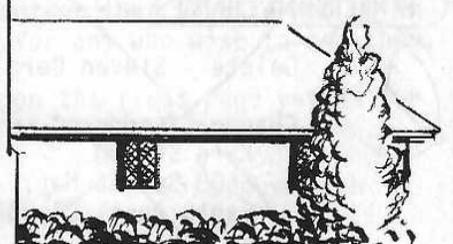
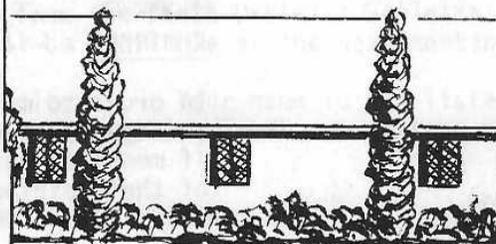
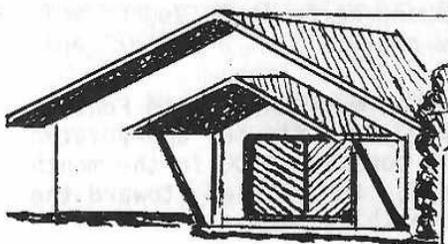
Camp Oldfjell 2021 will take place September 18—21 at Camp Norge, Alta CA.

You can find a Course Catalog/flyer and on-line registration form here: <https://www.campnorge.org/site/camp-oldfjell/>

All classes are limited to 8 students each and will be filled on a first come, first served basis.

Hope to see you at Norway Hall soon.

Lis Barca
President



Welcome New Members!

Cheryl Malseed

Thanks for Renewing!

Jon Arild
Marlene Arild
Inger Crump
Nancy Jensvold
Pamela Johnson
Trudy Macchia
Marne Olson
Linda Roa
Hal Roa
Rebecca Thompson
Richard Wooster
Yasuko Wooster

Scandia Book Club

Doppler

Erlend Loe
August 17 @ 6:30pm (Tuesday)

The Ravens (Minnesota Trilogy Book 3)

Vidar Sundstøl
September 21 @ 6:30pm (Tuesday)

<https://us02web.zoom.us/j/83501913066?pwd=dk54QVc0cmdIdnRsMml4SVkwM2poZz09>

Meeting ID: 835 0191 3066
Pwd: 268062

Fort Ross and the Norwegians *A Freya Lodge Adventure*

Saturday, August 21, 2021



Members, friends, and family are invited to join a private guided tour of Fort Ross and learn about the history of the fort and the Norwegians there.

8:30	Carpool from the lodge
10:00	Arrive Fort Ross Tour the museum Watch the introductory video of Fort Ross
11:00	Private guided tour to learn about the history of Fort Ross
12:30	Lunch in the group picnic area
1:30	Walk the grounds surrounding the fort or depart for home
2:30	Depart

Private tour is \$20 per person.
Parking is \$8 per car, \$7 for seniors.

Bring a picnic lunch and beverage

Volunteer drivers sign up with
Carol Eber at ceber@att.net

RSVP by August 15 to
Lis Barca at Lis@thebarcas.net

Social Director



Greetings from the Kitchen!

:: 2021 Aquavit & Food Pairing ::

Join us on September 10th from 5pm to 8pm for fun, tasting our favorite drink. Handmade by Ann Strom, there are 4 different Aquavit flavor offerings.

Ålesund Dawn: a light Aquavit with lemony highlights

Bright Bergen: Medium color with hints of star anise

Outrageous Oslo: Medium/dark color with flavors of juniper berries and cardamom

Nordic Nights: Our darkest offering - cinnamon, nutmeg and orange peel

Paired with finger foods, enjoy a fun evening of seeing friends and having a grand evening outside under the canopies.

Pre- purchase your tickets on the Freya Lodge website: <http://freyalodge.org/>

Tickets are \$25.00 per ticket.

Covid is still alive and well; so if you are not feeling well, PLEASE stay home. Masks are required unless you are eating and drinking.

This event is being held outside, please park on the street.

The Fall class will be starting late September. If you are interested in joining me and learning about Norwegian food and how to make it, please email me.

Michele.dawn.edler@gmail.com

I am starting the list; I have Lucinda Winkler so far. I would like to have a total of 5 for the Fall class.

See you in the kitchen!

Michele Edler
Social Director

FRILUFTSLIV Outdoor Life and Recreation

This is for your little ones – your children or grandchildren - to get them outdoors having fun. The entrance to Taylor Mountain Regional Park off of Petaluma Hill Road leads you to the Red Tail Play Area at the north end of the parking lot. The play area uses natural materials to create an exciting environment for children to explore and engage in physical activity. Play areas include a basket swing that can hold several children. There are logs and boulders to climb. There is a gigantic slide of cement going down the hillside and it is a thrill. The slide is long, so you really get going. If you or your child attempt this slide, you might want to sit on a towel or mat or be sure you have rugged pants, so you don't get holes in your bottom. And for the younger ones on the slide, I suggest an adult waiting at the bottom. The all natural structures are so much more intriguing than the plastic playgrounds.

If you visit in June and July of next year, you might venture across the road to Bees N Blooms, a lavender and honey farm. They have a large labyrinth of lavender. There is a little farm store where you can purchase a variety of items from the farm. Tours – both guided and self-guided are available. Check their website for the schedules. Beesnblooms.com

Are you logging your hiking or swimming, kayaking or other outdoor activities? I use my iPhone to log my steps and mileage of a hike. You may use another device like a Fitbit. It is easy. The Sons of Norway now offers two new levels of sports medals, especially for those of you who are dedicated to getting in your steps or workouts. One is ***Idrettshelt***, the sports hero pin. *Idrettshelt* is the 5th level within any sports medal category. Members must have completed the bronze, silver, gold **and** enamel pins in a sport category prior to starting on the *Idrettshelt*. You must double the points or mileage of your enamel pin level to earn the *Idrettshelt* pin.

Next is ***Hederspris***, the outstanding achievement award. This pin is for members who've earned bronze, silver, gold and enamel medals in any **three** sports medal categories.

Let me know if you need a sports medal card and I will get one to you.

Carol Brandstad Eber, Sports Director
ceber@att.net 707-364-1564

Cheryl Malseed Our Newest Lodge Member

A member of Norseman Lodge in Thousand Oaks, CA, Cheryl recently transferred her membership to Freya Lodge and on July 14 moved to Santa Rosa from Thousand Oaks. She was born in San Fernando and introduced to Sons of Norway's Norrona Lodge as a Heritage member at only a few weeks old. She is still an 'affiliate' of that lodge.

Cheryl's parents were both second generation Norwegians, hailing from South Dakota. Her mother's parents came from the area of Hønefoss, Norway, and from Germany. Her father's family were Norwegian on all sides.

Cheryl has two children; a son in Florida and a daughter in Willits, CA. Her two grandchildren live in Oklahoma. She left southern California for Santa Rosa to be closer to her daughter and a Contra Dance group AND a Sons of Norway Lodge.

Travelling, gardening and hiking are high on Cheryl's list of interests. In 1979, she travelled with family members to Norway where she visited her mother's grandfather's farm in Sokna, Ringerike. They just happened upon the farm without previous arrangement and ended up being served 'middag' and sent away with a bottle of aquavit. The farm had been family owned since the 1500s.

Welcome to the area, Cheryl and welcome to Freya Lodge. We hope to see you as soon as our lodge meets up again.

The Word for August is R E C R U I T!

From January 1 to June 30 of this year, Sons of Norway (with 400 lodges) has gained 9423 new members – that is already over the goal wished for this entire year. Freya Lodge has not quite yet made its "suggested" percentage of membership increase – not so far, but there are still five more months to go! For benefits received by joining a Sons of Norway lodge, please read President Lis' message on page one of the July Freya Forum.

Freya Lodge has, so far, gained five new members, one person was also reinstated and one transferred from Norseman Lodge in Thousand Oaks.

The Sons of Norway Foundation reports that scholarships given out in 2021 will amount to nearly \$110,000. More than \$94,000 is going to those studying in the United States and \$15,000 to those studying abroad.

Siri Fenson
Freya Lodge Membership Secretary

Century Club News!

Have you been waiting for your annual Century Club membership reminder? Well wait no more. After a brief hiatus while we are once again ready to receive your donations.

As always, your much needed donations to the Century Club will provide the support Camp Norge needs to keep up with urgent maintenance needs; things like painting buildings, repairing leaky water lines, and mending fences. Your support is vital to maintaining the beauty and durability of our “Gem in the Sierras.” Annual membership in the Century Club remains \$100.

Please make your checks out to the Century Club and send to:

Century Club
c/o Camp Norge
P.O. Box 622
Alta, CA 95701



History of the Century Club

In 1996, after touring Camp Norge as part of the District 6 Convention in Sacramento, delegates and officers were inspired to create an enduring fund-raising vehicle for the much-needed maintenance at the Camp. The Century Club was born! The name “Century” was chosen based on the goal of having at least 100 members per year donate \$100.00. One half of each year’s funds raised went directly to the Recreation Center Board and the other half was invested for future needs. Over the years Century Club board members have come and gone, but the mission of the club has never changed.

Open for New Committee Members

By the way, the Century Club Committee, which is now a component of the Camp Norge Board, has a few openings. If you or someone you know might be interested, we would love to hear from you.

For more information on how you can join and support the Century Club, contact Fred Hymans, fred.hymans@campnorge.org or (916) 333-2086.



Genealogy

No matter how romantic the family story is, original records must be sought to separate truth from fiction. The girl on the left is my first cousin three times removed. The family lore was that she was born on Armistice Day in 1918. Her dad was so proud, he asked his brothers in arms to make suggestions and they named her Liberty Bell Peace Rains.



The story was so intriguing that it was in the newspaper. The article described the naming of the child and includes her actual birth date. She was not born on Armistice Day, but few weeks prior AND her name was Peace Belle, because her parents did not use Liberty Peace Belle, which had been suggested by one of their friends.



The actual article of her naming can be found at [Fairfield-Journal-Nov-16-1918-p-3 Peace Rains Christened by Old Settlers \[Quartette\]](#).

Submitted by Pamela Stutrud Groth

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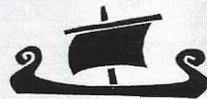
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Nathen Gong
Indra Hill
Donald Johnson
Emily Lewis
Egil Mortensen
Erik Oehm
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Culture, Community, Camaraderie

Freya Lodge, Sons of Norway

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**SONS of
NORWAY**

Mission Statement

*The mission of
Sons of Norway
is to promote and to
preserve the heritage and
culture of Norway,
to celebrate our relationship
with other Nordic countries,
and to provide quality
insurance and financial products
to its members.*