



FREYA FORUM

Freya Lodge #6-062 Newsletter

January 2018

Ord fra Presidenten

It is with mixed feelings that we say farewell to the year 2017. It brought fire storms with tragedy and loss to many in our community, including at least three Freya Lodge members. We are proud to say that after our rescheduled Vikingfest, we made a donation to the Redwood Credit Union's Fire Relief Fund in the amount of \$1,300, thanks in part to the generosity of the Vikings of Bjornstad and Tim Rued, who donated all or part of their fee.



Thanks to the hard work and participation of many Freya Lodge officers and members, we had a very successful year. We were able to put a much needed new roof on Norway Hall, along with other necessary maintenance work. The year ended on a high note with our third annual Holiday Arts and Crafts Fair. A huge Tusen Takk to Marit Barca and Else Marie Bratlien and all of their helpers, especially Sandi McConnell, who makes the delicious and popular yellow pea soup from her mother's recipe.

We welcome the New Year with a new board, consisting mostly of familiar names. We welcome especially new board members Siri Fenson, Becky Thompson and Natosi Johanna and thank them for their willingness to serve as vice president, assistant social director and greeter, respectively. With the District 6 Convention in Rohnert Park in June, we look forward to an exciting year ahead.

If you appreciate having Freya Lodge here in Santa Rosa representing your Scandinavian heritage, I urge you to include in your New Year's resolutions a vow to become more involved in lodge activities this year. I encourage you to participate in workshops and cultural skills classes, serve on committees, help with events and come to the business meetings. We always need help with set up and clean up, the kitchen committee, coordinators for events, publicity, etc. Let us know what YOU would like to do, there will always be someone to work with you and show you how. The real fun is in the participation and we want to share it with you.

Happy New Year! Godt Nytt År!

Anne-Marie Winterhalder
President



Upcoming Freya Lodge Events:

- Meatball Workshop
Jan 8, 10am
- Business Mtg
Jan 15, 5:30pm
- Lutefisk & Meatball Dinner
Jan 20, 4pm
- Lapskaus & Bingo
Feb 17, 6pm
- Business Mtg
Feb 19, 5:30pm
- Corned Beef Dinner
Mar 17, 5pm
- Business Mtg
Mar 19, 5:30pm

Karen's Column

Godt Nytt Ar or Happy New Year! I hope that everyone had a wonderful Christmas and that you are looking forward to an exciting new year with your Freya Lodge family members and friends. 2018 promises to be an active new year for our lodge with lots of exciting opportunities for everyone to join in. This year is starting off with our famous Lutefisk and Meatball dinner, an event you will not want to miss.



To ring in the New Year at the lodge, we are starting off with our traditional **Lutefisk and Meatball dinner**. After being to Hostfest in Minot, North Dakota this past year, I can honestly say, we serve one of the best Lutefisk and Meatball dinners ever. Come and check us out! I do believe we have the best meatballs around and the most delectable Lutefisk. Get your reservations in now as this event is always a sellout. Make sure to put the Lutefisk and Meatball dinner which is on **January 20th at 4 pm**, on your calendar now and make your reservations through Brown Paper tickets to secure your seat for this dinner. Come and be part of the crowning of the Lutefisk King and Queen and join in the fun. Remember, the new King and Queen are always the first ones to make their reservations for this dinner and, yes, we have a new King and Queen so come and find out who wears the crown for 2018!

This traditional Norwegian dinner menu will include the very famous Lutefisk (cod) as well as tasty meatballs in brown gravy, red potatoes, surkal (sweet and sour red cabbage), vegetable, cucumber salad and all the trimmings. Almond cake and coffee for dessert. Tickets for this special dinner are \$26 for adult members, \$32 for adult non-members, and children age 6 to 14 are \$10. **Only a limited number of tickets will be sold so get your reservations in early.** If you do not wish to make your reservations on line at Brown Paper tickets, you can do it by phone. Call 1-800-838-3006. Get your reservations in early as tickets go fast for this special dinner.

Talking about the dinner, I will be looking for **volunteers** to help make this dinner a success. We will be doing **kitchen prep** and **setting up the hall on Friday, January 19th starting at 10am**. On **Saturday, January 20th**, I will be looking for **help in the kitchen** before the dinner and **help to serve the dinner**. We will also need volunteers to help and clean up after the dinner. Remember, it takes your participation to make these events successful and go smoothly. Help to promote your Scandinavian heritage and volunteer. Your help is greatly appreciated. Please call me if you can help at (707) 996-9889 or my cell at (707)486-3188. If you don't call me to volunteer, I just might be calling you!

This is just the start for the New Year and many more exciting events are in the offing. Yes, we will again host our popular **Vikings in Ireland Corned beef dinner** this year and it will fall on **St. Patrick's Day, March 17th**. Come and hear more interesting facts about the Vikings and enjoy a traditional Irish dinner. Besides activities at the lodge, this year is going to be a very busy one with our **District 6 Convention** taking place at the **Graton Casino in Rohnert Park on June 10th thru the 14th**. Check the article in this month's Freya Forum for more information.

Wishing everyone a wonderful Godt Nytt År!

Karen Larson



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Gratulerer med dagen

Doris Andersen
Bill Brox
Ruth Ellison
Ginger Schechter Gong
Julian Juutilainen
John Keller
Christian Lund
Molly Lundstrom
Clyde Nelson
George Oehm
Andrew Ragnes
Madeline Reighard
Felix Rodriguez
Logan Shipley
Hollis Stavn
Gail Taylor
Roy Thuestad
Dorothy Vonderhaar

Kindness Comes Full Circle

As a little girl, my friend, Gisela, lived in Eastern Germany with her family. The years of the Second World War had been very difficult and even now, at the age of 81, she remembers the excitement of receiving packages from America after the war. Packages containing all the things they did not have, toys, candy, warm hats and mittens. She remembers thinking how amazing it was that strangers in America, who didn't even know her, sent her these wonderful things.

Now Gisela lives a comfortable life in Oslo, Norway. She has visited Sonoma County twice, and even came with us to the Freya Lodge 17. mai celebration in 2016.

When she saw the news reports on TV in Norway about the devastating wildfires here, her heart went out to all those families who lost their homes and belongings in the fire. She especially felt sad for all the children who had to go through such a traumatic time.

It made her think of the hardships of her own childhood and how much she appreciated receiving packages from America. She decided this was an opportunity for her to return the kindness.

She forwarded a generous donation to Freya Lodge in order that I might replace some of the favorite things kids lost in the fires. With the help of Freya Lodge member Valerie Box, whose family was one of those who lost everything, we easily rounded up a group of kids. After a fabulous shopping spree we were able to give these boys and girls back some of the things they had lost, along with a snugly blanket or stuffed animal for comfort.

This was thanks to a very special lady who knows from experience how wonderful it is to be given a gift of love from a stranger.

Submitted by Anne-Marie Winterhalder

Happy Anniversary!

To all of you having been Sons of Norway members for between FIVE and FIFTY years.

There is a pin waiting to be presented to you – should you wish to have one, that is. If you are, please let me know and I will see to it that it is waiting for you at a 2018 monthly Freya Lodge event, starting with the Lutefisk Dinner on January 20th.

50 years:

Sandi McConnell, Clyde Nelson

25 years:

Mike and Gail Fairchild

20 years:

Mark Fahey, Karin Hoy, Rich Sandvick

15 years:

Peter Meirik, Janice Shipley, Carolyn Strange, Dorothy Vonderhaar

10 years:

Merete Bendtsen, Cindy D'Angelo, Ginger Schechter Gong, John Keller, Claudia Larson, Marne Olson, Philip Rhodes

5 years:

Lorraine Kormor, Donald Moe, Kathryn Norman, Patricia Simon



Siri Fenson, VP/Membership
707-303-7860 or sirimax@att.net

Sour Cream Porridge (Rømmegrøt)

From Sons of Norway Newsletter Service

4 dl (1 2/3 cups) 35% fat sour cream
About 3 dl (1¼ cups) flour
About 1¼ liters (5 cups) full fat milk
¾ tsp salt

Sour cream porridge must be made from high fat (35%) natural sour cream, with no stabilizers or gelatin added. For the best results, use homemade sour cream. Heat 2 1/2 dl (1 cup) whipping cream to 35° C (95° F), almost body temperature, then whisk in 2 tablespoons buttermilk. Let stand at room temperature at least 8 hours, until thickened.

Simmer sour cream, covered, about 15 minutes.

Sift over 1/3 of the flour. Simmer until the butterfat begins to separate out. Skim off the fat.

Sift over the remaining flour and bring to a boil. Bring the milk to a boil and thin the porridge to desired consistency. Whisk until smooth. Simmer about 10 minutes, and season with salt. Serve with the skimmed butterfat, sugar and cinnamon.



Welcome New Members:

Jannike Allen
Michele Edler
Gary Indrebo
Susan Mortenson

Thanks for Renewing:

Deborah Cherkas
Pamela Johnson
Margret Kram
Sid Krogstad
Laurel Laingen
Beverly Mooney
Shawn Mooney
Heather Oehm
Barbara Redfield
Rich Sandvick
Beverly Torres
Valerie Wolfe

Craft Fair Update

We had a very successful event again this year.

The Norwegian pea soup, the butternut squash soup, and the lentil soup disappeared before the end of the day. We had doubled the amounts from last year, so our light lunch hit the spot for vendors and shoppers alike. Thank you very much to Sandy McConnell and Anne-Marie Winterhalder - soup makers extraordinaire!

We served fresh waffles and coffee all day, and it made for a nice break in the shopping. A little time at the tables to visit with friends or make new.

Our vendors enjoyed their day, and the steady stream of shoppers. Our bakery is always popular, and thank you so much to everyone who donated and an extra thanks to Else Marie Bratlien for the effort on the lefse. Also, a thank you to our Monday morning craft group for the tree ornaments, and other holiday craft items we had for sale.

A special thank you to Marne Olson for her beautiful straw ornaments - they were truly a work of art.

Last but not least, a big thank you to all who volunteered. We had a small group to put on the show, manage the kitchen, and clean up. Mange tusen takk to all of you!

Marit

Reviewing Rosemaling Class

Saturday, January 27, 1:30PM

6487 Stone Bridge Rd. Oakmont, Santa Rosa.

You are invited to my home to discuss when/were/how to set up a class.
Pat Hansen will be our instructor with help from Karen Larson.

It is a MUST to let me know by January 20 if you are interested in taking this class.

Looking forward to hearing from you,

Siri Fenson

Sons of Norway Cultural Skills Program Coordinator
303-7860 or sirimax@att.net

Founding Member Kåre Stjern

We are sad to report that Freya Lodge founding member Kåre Stjern passed away on December 8th at the age of 90.

Kåre was an excellent builder and craftsman and was among the members instrumental in building Norway Hall. Our condolences to Kåre's wife, Jeanie, and their family.

A Memorial Service will be held Saturday, January 13th at 2 PM at the Church of Christ, 745 Benjamin Road, Santa Rosa

Til Minne

Our condolences to Don Bent and family on the passing of his wife, Stephanie Bent.



Freya Lodge TubFrim Donations 2017

Our TubFrim Chairman, Max Fenson, reports that donations of stamps from Freya Lodge members and also from the Bethlehem Lutheran Church totaled 4.35 pounds. Well Done!

This qualifies Freya Lodge to have four entries in the Sons of Norway TubFrim lottery, with four chances at winning a free trip to Norway!

Please continue to turn in any and all used postage stamps. Make sure you trim them with a ½ inch margin of paper around them. Thanks to your contributions we can help improve the quality of life for handicapped children and youth.

Many thanks to Max Fenson for chairing this program!

District 6 Convention in Rohnert Park

The bi-annual Sons of Norway District 6 Convention will be held June 10 - 14, 2018 at the Graton Hotel and Casino in Rohnert Park. District 6 represents the states of California, Utah, Nevada, Arizona, Colorado, New Mexico and Hawaii. Presiding over the Convention will be District 6 President, Mary Beth Ingvaldstad, of Vikings of Lake, Lake County.

Having the Convention in Rohnert Park will be an exciting opportunity for Freya Lodge members to attend, participate and learn about the workings of Sons of Norway. Please put these dates on your calendars, as Freya Lodge will be expected not only to have delegates there, but also to have volunteers to help with registration etc. We will also be expected to provide many dozens of home made cookies.. You wouldn't believe the mountains of cookies these Norwegians can put away at the breaks!

Please also consider entering your folk art and handicraft items in the Folk Art Competition. Please see separate article in this issue of the Freya Forum. More information about the Convention will be coming in future newsletters, but please plan to PARTICIPATE in one way or another!

Folk Art Competition/Exhibition

You are invited and encouraged to enter your handicraft/folk art in the Competition/Exhibition at the District 6 Convention in Rohnert Park June 10-14, 2018.

Don't be intimidated thinking that your work will not win a ribbon. Not everyone who enters a marathon will win, or even finish – but people enter marathons none-the-less, many times just for the experience. Give it a try and allow all of us the opportunity to admire your work!

You may enter your art/craft for Exhibition or Competition. We want to showcase to others what we are learning in the Norwegian Folk Arts and Handicrafts Exhibit. The following are traditional Folk Art categories for the convention:

- Rosemaling
- Weaving w/Norwegian design
- Hardanger embroidery
- Klosterson, diamantsom, other traditional needlework w/ Norwegian theme
- Hand knitting w/Norwegian design
- Crocheting and tatting
- Figure carving w/Norwegian motif
- Relief carving w/Norwegian motif
- Chip carving
- Bentwood/tine box or other woodworking w/Norwegian motif
- Folk Art from other Nordic Countries
- Other media w/Norwegian theme: photography, painting, felting, kolrosing, etc.
- Bunad and Viking Costume Exhibit

And let's not forget about our youth! Youth up to age 15 are invited to display their work. Ages 16-20 can compete in the Youth class. We would love to see the youth take an interest in these wonderful traditional Norwegian arts and crafts passed on, from generations past, to us!

The traditional Norwegian Folk Art Exhibit is a very important part of our Conventions. We celebrate the award winners, applaud all entrants, and encourage and appreciate all beginners.

Entry information and forms will be available soon, but . . . the time to get started . . . is NOW! We are looking forward to seeing all of your entries in Rohnert Park!! For questions or to enter please contact our Cultural Directors Marit Barca or Else Marie Bratlien

Good luck!

Norway Hall
617 West Ninth Street
Santa Rosa, CA 95401

For questions, 707-579-1080
or RSVP @FreyaLodge.org

Freya Lodge, Sons of Norway

Lutefisk and Meatball Dinner

January 20, 2018 @ 4 pm.



The traditional Norwegian menu will include the very famous Lutefisk (*cod*), as well as delectable meatballs in brown gravy and all the trimmings, *lefse* (*potato flatbread*), almond cake and coffee.

Cost

- Adult member \$26
- Adult non-member \$32
- Children age 6-14 \$10.
- ONLY 75 TICKETS TO BE SOLD

Tickets available through Brown Paper Tickets

<https://www.brownpapertickets.com/event/3167779>

Or call 1-800-838-3006



SONS OF
NORWAY

Freya Lodge 6-062



Lapskaus & BINGO



Date: Saturday, 2/17/18

Time: 6:00pm

**Questions?: 707-579-1080 or
RSVP@FreyaLodge.org**

Enjoy a bowl of Lapskaus (Norwegian Beef Stew), salad,
coffee and dessert.

\$20 for dinner and 2 bingo cards!

Tickets available via Brown Paper Tickets:

<http://www.brownpapertickets.com/event/3230164>

Or call 1-800-838-3006

**Freya Lodge, Sons of Norway
617 West 9th Street, Santa Rosa**

Freya Lodge Presents

celts & vikings

Corned Beef and Cabbage Dinner

March 17, 2018 - 5:00pm - Norway Hall



Swords and Silver:

Trading with the Vikings

By The Vikings of Bjørnstad

Dinner includes Corned Beef & Cabbage,
potatoes, mashed rutabaga, coffee, juice and dessert.

Beer and wine available for purchase.

Tickets available through Brown Paper Tickets -

<https://www.brownpapertickets.com/event/3230381>

Or call 1-800-838-3006

Members - \$20

Non-Members - \$25

Kids (Ages 8 - 14) - \$8

Questions? Contact 707-579-1080 or RSVP@freyalodge.org



www.vikingsofbjornstad.com

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Culture, Community, Camaraderie

Freya Lodge, Sons of Norway

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Save stamps for
TUBFRIM cut
½ inch around
the stamp

