



FREYA FORUM

Freya Lodge #6-062 Newsletter

September 2017

Ord fra Presidenten



September has arrived and Freya Lodge has already started another year of events and activities. This month we're having a film night at Norway Hall and next month we will hold our big fundraiser for the Lodge, Viking Fest. With all that's happening, there are many ways to get involved at Freya Lodge. There are workshops or classes in cooking, crafts or cultural skills to enjoy. Volunteers are always welcomed and needed for all of our events, especially fundraisers such as Viking Fest. By volunteering you can make new friends or learn something new. If you have a special skill you can volunteer in that capacity. This year there will be a special holiday event for all of our volunteers. There is always something for everyone to participate whether you are a new member or a member who has been with Freya Lodge for a number of years.

I hope to see many of you at an event, class or workshop.

Fraternally,

Marne Olson
President

Have Dues Questions? Find Answers with these Handy Resources

Sons of Norway's 2018 simplified dues structure goes into effect on January 1. Check out the following resources for more information.

Website – www.sonsofnorway.com The website is now updated with a detailed dues structure chart and dues information. More frequently asked questions and answers have also been added. The history of how the dues changes came about remains on the site, and online information will continue to be supplemented on an as-needed basis.

Publications – Watch for informative articles in our communication channels. The August issue of Viking contained the updated dues information, and our other member newsletters will provide more information as implementation gets closer.

Email – To make it even easier for members to get their questions answered, they may submit them 24/7 to a dedicated email address, 2018dues@sofn.com. Staff will respond to inquiries in a timely manner.

From Sons of Norway Newsletter Service

Upcoming Freya Lodge Events:

- Rummage Sale
Sept 9—8a-2p
- Movie Night
Sept 16—6:30p
- Rosemaling Seminar
Camp Norge
Sept 23-24
Info on sofn6.org
- Lefse Workshop
Sept 30—10am
- Baking Workshops
Oct 2 & 7 @ 10a
- Vikingfest
October 14

Karen's Column



It is hard to believe that summer is almost at the end and fall is just around the corner. August was fairly a quiet month at the lodge although lots of building improvements have happened this past month. Now Labor Day is here and my family is getting ready to head to the mountains for **Camp Norge's Kretsstevne weekend**. What a great way to end the summer and welcome in fall by gathering at our "Jewel in the Sierras" for family fun and camping. If you have never been to Kretsstevne, I highly recommend it! If your family enjoys camping, RV-ing, or staying in cabins, Camp Norge has it all and it is just a beautiful place to be. From music in the meadow to horseshoe tournaments, swimming, bingo games, and a small craft fair, plus delicious meals served for those who are not cooking their own. You can't go wrong. You can come for the entire weekend or stay for just a day or two. Come and help support Camp Norge as it is your special place in the Sierras!

Right after Kretsstevne, our lodge will be participating in a large multi-family **garage sale** in Windsor. The sale will be held at Marit Barca's home on **September 9th from 8am to 2pm**. Please contact Lis Barca at 495-5808 if you are able to help with the sale.

Also in September, we will be having our first **movie night on September 16th at 6:30 pm**. At the present time we are not sure which film will be shown but it will either be "**Kings Choice**" or the **Norwegian film, "The Wave"**. Please come and join us for a fun evening at the lodge. Popcorn, cookies, coffee and drinks will be available for purchase. Hope to see you at the movie!!

October 14th Vikingfest Volunteers Needed – Workshop Dates

With fall in the air, we know that **Vikingfest** is soon upon us. **Vikingfest** is on **October 14th** and, with that in mind, our workshops to get ready for this fun day are starting. On **September 30th**, we will be having a **lefse workshop** which will start at **10 am**. Come and learn how to make lefse and if you have experience in making lefse, we welcome all the help we can get. Our next **two workshops** will be to make **cookies** for **our bake sale**. **The workshop dates are October 2nd and October 7th starting at 10 am**. Our last workshop will be on **October 9th at 10am**. We will be making our well known **meatballs** for "Vikings in a Boat", one of our popular items on our menu for Vikingfest. Everyone is welcome to help at these workshops. Come and learn our special recipe and enjoy working with fellow lodge members as we get ready for Vikingfest!

Vikingfest is one of our biggest fund raising events of the year and your help is needed to make this a success. Please consider volunteering to help, no experience necessary! I am looking for volunteers to help on **Friday, October 13th** starting at **10am**. We will be doing prep work in the kitchen, setting up the hall and the bakery area. Cookie donations for the bake sale can be dropped off that day also. On the day of **Vikingfest**, October 14th, we will be starting early at 8 am in the kitchen. I am looking for volunteers to make sandwiches, waffles, and to help serve and clean-up at the end of the day. Please call me at (707) 996-9889 **to volunteer**. If you don't call me, I will be calling on you! This is a big event for our lodge and it takes everyone to help and do their part to make it a success. We will be **working in shifts** so you do not have to spend the whole day working. **Sign up early** and pick a shift that you can work. This is a big hands-on event for our lodge and it takes many volunteers to make it possible. Please consider volunteering your time and talents for **Vikingfest! Call me at (707-996-9889)** to let me know when you can work. Please leave a message if I am not home. Call soon so you can get the time slot that you want to volunteer for. Looking forward to hearing from you. Come and support your lodge and join in the fun!!

Tusen Takk,

Karen Larson



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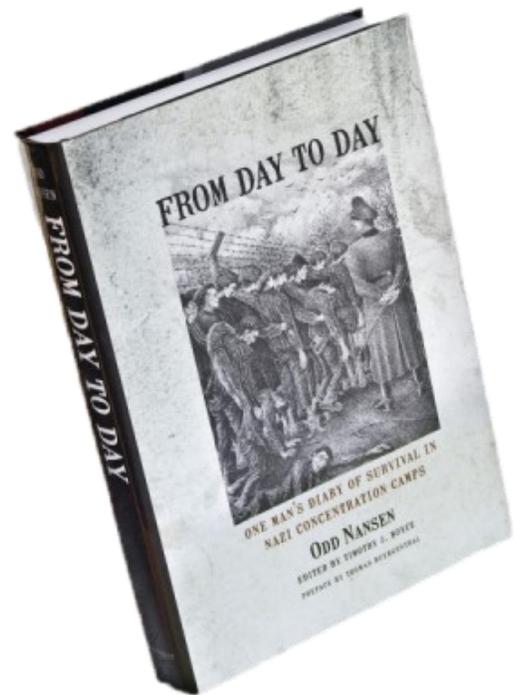
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Gratulerer med dagen

Merete Bendtsen
Eunice Everson
Natosi Johanna
Larry Olsen
Shirley Stevenson



One Man's Diary of Survival in Nazi Concentration Camps

I happened to find a book at the public library - "From Day to Day" - by Odd Nansen, the son of Fridtjof Nansen, the Norwegian polar explorer. This book, published in 1947, is Odd's diary written during the three years he, during WWII, spent in Nazi concentration camps. He wrote daily on any paper he could find and had the pages smuggled out.

I have purchased, as a gift to Freya Lodge members, a copy of the 2016 revised "From Day to Day" that includes an introduction, annotations and appendixes written by North Carolina lawyer and author, Timothy Boyce. You will find the book in the Norway Hall library.

This is how I came in contact with Tim. On some page in the original Nansen book, I found mentioned the name of my uncle, Hjalmar Svae, who escaped from the Oslo Grini prison and found his way to safety in my parents' home in Linköping, Sweden. I was around two years old at the time.

I proceeded to Google the book title and so discovered this Tim Boyce, the editor of the edited version. I contacted him and at his request sent him the story of Hjalmar's adventure. Tim will soon blog this remarkable story. For previous blogs go to www.timboyce.com.

If/when Tim Boyce heads out west, he has promised to let us at Freya Lodge know.

Siri Svae Fenson

Relax with a Norwegian Movie—at a Hefty Discount



Through a special arrangement with **Films of Norway**, Sons of Norway members* now have access to a selection of television shows, full length movies, documentaries, cooking shows, children's programming and other content streamed over the Internet – at 25 percent off the regular monthly subscription rate.

All Films of Norway selections are either Norwegian created, produced or star Norwegian actors. Your movie playlist may include the film celebrating the King and Queen's 25-year reign or adaptations of popular mystery writers. Most selections have the option to view with English subtitles. And new films and programs are added regularly. For example, in collaboration with Norwegian broadcaster NRK, all Films of Norway members may now access timely Norwegian news. Log in, sign up, and enjoy some leisurely viewing this summer with Films of Norway!

*This service and discount are not yet available for members in Norway and Canada.

https://www.sofn.com/films_of_norway/

From Sons of Norway Newsletter Service

Norwegian Apple Pie (Eplepai)

*The Great Scandinavian Baking Book
by Beatrice Ojakangas
Makes one 9-inch pie*

Although this is called a "pie" in Norway, we would think of it as a cake. Incredibly simple to make, it's a perfect last-minute dessert when fresh apples are in season.

1 egg
¾ cup sugar
1 teaspoon vanilla extract
1 teaspoon baking powder
¼ teaspoon salt
1 teaspoon cinnamon
½ cup all-purpose flour
½ cup chopped almonds
3 medium-sized tart apples, pared, cored and diced

Topping:
1 cup whipping cream
2 tablespoons powdered sugar

Preheat oven to 350°F. Butter a 9-inch pie pan generously. Stir all the pie ingredients together in a bowl until blended. Mixture will be stiff. Spoon into the pie pan. Bake 30 minutes or until browned. To serve, cut into wedges. Whip the cream with the powdered sugar to accompany the cake or serve with ice cream

Genealogy — Arntson Family Methodology

What would it feel like to know that some of your family had immigrated to the U.S. but the whereabouts of their descendants was unknown?

What would it feel like if someone contacted you out of the blue and said that your distant cousins in Norway wanted to find you?

I was recently contacted by two distant cousins in Norway to help them find family members descended from mutual ancestors. These two cousins gave me names of family members who immigrated, their birthdates as well as some conflicting information. This was my starting point, all I had to go on and it wasn't much.

I started by creating a tree on Ancestry.com, and entered the data that I had and could confirm. I was able to find some records and flesh out additional facts on the family. Once this was in place, I started getting "leaf hints" which you may know from Ancestry's advertising. The hints pointed me toward other people researching the same family, most of whom had not logged in for over a year.

With additional research, I was able to find some of deceased family members on Find a Grave, a couple of them with obituaries attached to their on line memorial. Those obituaries helped in uncovering and confirming names of the descendants. These also provided more specific geographical regions in which to search. The primary couple in the case who had immigrated had had 12 children so once I was able to establish their names, dates and locales. Researching each and every one of those descendants was the only way to advance down the road to find someone still living.

Finally, I succeeded in finding an active researcher on Ancestry. I sent her a message, she responded the following day and it proved to be a real breakthrough. It turned out that the family I was researching was that of her *daughter in law*. I was able to find the daughter in law on Facebook, and confirmed her identity by her list of friends when some of them matched the names I had researched and cataloged on Ancestry.

My fellow researcher relayed my inquiry to her daughter in law and, ultimately, I was able to make contact with the descendent and shared what I knew and that she had family in Norway eager to know what had become of their immigrant family member's descendants. Now, cousins on two continents have connected and are able to share their information about their ancestors.

Our cousins in Norway say hello and some recently reconnected on American soil.

Submitted by Pamela Stutrud Groth



Welcome New Members:

No new members this month

Thanks for Renewing:

Doris Andersen
Pamela Johnson
Marion Larsen
Marne Olson
Andrew Ragnes

Win a trip to Norway

Tubfrim has been around for quite a few years. In 1928 Ditlef Frantzen had the idea that collecting and selling cancelled postage stamps might be a great way to raise money for the Tuberculosis Association in Norway. Fortunately, he was the postmaster in the small Norwegian town of Nesbyen so he was able to nicely promote his project. It didn't take long for other towns to adopt the idea and soon many bags of cancelled stamps began arriving in Nesbyen. Years later, Frantzen donated his stamp collecting organization to the Norwegian Health Service. With the eventual reduced threat of tuberculosis, proceeds of stamp sales were redirected to the welfare of disabled and needy Norwegian children.

Now here's a related benefit for Freya members. For every pound of cancelled stamps you contribute, you will receive a postcard that will be made part of a Sons of Norway headquarters drawing for a free trip to Norway.

Leave a quarter-inch border around clipped stamps. Metered stamps are not acceptable. Place your one pound, labeled packages in the Tubfrim basket that is available at each Freya meeting. All postcards must be submitted by December 31st. Contact Max Fenson at (707) 303-7860 if you have questions.

Submitted by Max Fenson



“Sugar and Spice and Everything Nice”

Your kind donations of cookies, pies or cakes to be sold in the Bakery at the October 14th VIKING FEST will be greatly appreciated.

Using Scandinavian recipes is preferred, although chocolate chip cookies never stay around for very long!

Plan to sign up at the September 16th meeting. If not attending, please give me a call at 707-303-7860 or e-mail sirimax@att.net

Mange Tusen Takk!

Siri Fenson



Freya Forum

FREYA LODGE, SONS OF NORWAY PRESENTS

30th Annual Vikingfest

*Culture, Community,
Camaraderie*

**OCTOBER 14,
2017
10 AM TO 3 PM**

**Norway Hall
617 W 9th St
Santa Rosa, CA 95401**

- Taste of Norway Lunch
- Live Viking Reenactments
- Traditional Bakery
- Scandinavian Vendors
- Imported Foods
- Fresh Waffles and Coffee
- Raffle Prizes
- Photo Booth
- Genealogy

www.freyalodge.org

Free Admission



Vikingfest is Freya Lodge's annual celebration of Norwegian heritage and all things Norwegian: from Viking era reenactments to modern art and pottery, Nordic arts and crafts, traditional foods, heritage keepsakes, cultural displays and demonstrations, and remembrance of Leif Erikson.

Come be a Viking for the day!



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Culture, Community, Camaraderie

Freya Lodge, Sons of Norway

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Save stamps for
 TUBFRIM cut
 1/2 inch around
 the stamp

