



FREYA FORUM

Freya Lodge #6-062 Newsletter

October 2017

Ord fra Presidenten



This month Freya Lodge is anticipating another visit of fun-loving, adventurous Vikings at Viking Fest on Saturday, October 14th. There will be many of the traditional Scandinavian wares to buy from new and returning vendors. As always the Taste of Norway Café will provide a delicious Scandinavian lunch with a few new twists to the menu. This is a time for Freya Lodge members to come out and have some fun seeing old friends and making new ones. As this is Freya's biggest fundraiser of the year, it is always appreciated if some of you would take some time out of the day to volunteer to help at Viking Fest. It only takes an hour or two to help and then the rest of your time is left to enjoy all the Viking festivities. Check out Karen Larson's column for all the ways you can volunteer for Viking Fest.

Later this month on Saturday, October 28th, there will be a new class on wheat weaving or straw art. Please see the flyer in this edition of the Freya Forum for all the details. Carol Thompson of the California Straw Arts Guild is driving over from Sacramento to teach this centuries old art at the Hall. If you are interested in learning a new craft, join us on the 28th.

The Sons of Norway has Lodges in or near Las Vegas, Nevada. They are Vegas Viking 6-159 in Las Vegas and Desert Troll 6 -165 in Henderson. As I am writing this message to you, I am also thinking of the tragedy that has recently taken place in Las Vegas. I hope you will take a moment to send them a few encouraging words or keep them in your prayers.

Wishing you a wonderful Leif Erickson day on October 9th and a Happy Halloween,

Marne Olson
President



Upcoming Freya Lodge Events:

- Baking Workshop
Oct 7 @ 10a
- Meatball Workshop
Oct 9 @ 10a
- Vikingfest
October 14
- Monday Morning Crafts
October 16
- Wheat Weaving
Oct 28
- Elections & New Member Coffee
Nov 4 @ 10:30a

Karen's Column



Welcome fall! Leaves are turning and the evenings are a bit cooler and, would you believe, **Vikingfest** is in the air! Yes, it is again that time of year when our lodge shares with the community, our Norwegian heritage. Scandinavian food, delicious bakery items, Viking demonstrations, and many vendors selling their wares will bring a taste of the Vikings to Santa Rosa. And when is this occurring you might ask? **Vikingfest is on October 14th at the lodge starting at 10am.** So, with that said, invite your friends and family to enjoy a fun day at the lodge and experience a bit of Scandinavian charm.

In order to make this exciting event happen, we need you!! **Please consider volunteering your time and talents to make this Vikingfest happen.** Vikingfest is one of our biggest fund raisers that we host which supports our lodge financially. With putting on a new roof and various other expenditures, we count on Vikingfest to help cover our ongoing expenses as a lodge. **Your participation in this event is vital as we need all hands on deck to make it a success!**

If you are able to volunteer some time to help, **please call Lis Barca at (707) 836-1681.** I will be out of town until a week before Vikingfest so please let Lis know if we can count on you to help. I am looking for help on **Friday, the 13th of October. We will start working at 10am to set up the lodge and to get the kitchen prepped and ready for Saturday, Vikingfest.**

On **Saturday, October 14th, we will be starting early at 8:30am** to make sandwiches and have the kitchen open to the public at 10am. I will need volunteers to help in the morning, and starting at **9:30am, I would like to have the servers for the kitchen, ready to serve** as we open the kitchen at 10am. **Thank you to those who have already volunteered but I am still looking for more help.** I would like to be able to have shifts of two hours so everyone has time to go out and visit with friends and to enjoy the Vikingfest. In order to set up two hour shifts, I need your help to make this possible. Many hands make the work much easier! Call and let us know when you can help and I will be making up a work schedule as soon as I am home. I will contact everyone so that you know the hours you will be needed and can plan accordingly.

In preparation for Vikingfest, we will be having **a cookie workshop and a meatball workshop.** The cookie workshop is **October 7th, starting at 10am at the lodge.** Our last workshop will be on October 9th. Come and learn how to make our well known **meatballs.** Yes, it is messy but it is fun when we work together! Again, we will be meeting **at the lodge at 10am.**

At the end of Vikingfest, we will need volunteers to help with clean up. There are jobs for everyone and we look forward to hearing from you soon and letting us know what you can do to help your lodge. Remember, Vikingfest is one of our biggest fund raisers of the year and with your help, it will be a terrific success!

Hilsen,
Karen Larson

FREYA LODGE, SONS OF NORWAY PRESENTS

30th
Annual **Vikingfest**



Freya Board Contact Info

President: Marne Olson
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707-303-7860 sirimax@att.net

Sunshine: Sandi Mc Connell
707-539-1021 sandrahedvig@aol.com

Norway Hall Association President: Darryl Laxo
707-838-2857 dlaxo@comcast.net

Gratulerer med dagen

Ronald Allan
Tor Allen
Karen Armstrong
Zoe Barca
Myrna Bellovich
James Coconas
Mark Fahey
Elisabeth Gallagher
Brian Garlick
Patricia Hansen
Sandra Mc Connell
Sariya Morgan
Emma Rafael
Jordan Rafael
Linda Roa
Dorothy Schechter
Richard Winterhalder
Annika Wolfe

Camp Trollfjell and Trollfjell Folkehøgskule

Greetings Trollfjell Parents and Grandparents,

The bridge is in place, Camp Norge is open and planning for Camp Trollfjell and Trollfjell Folkehøgskule summer 2018 sessions are underway.

Trollfjell Folkehøgskule will be June 24 through July 7, 2018 for students 14 to 17 years old.

Camp Trollfjell will be July 8 through July 21, 2018 for campers 8 to 13 years old, plus this year only 14-year olds can attend (see below).

Camper and student registration will open January 1, 2018 on the Norske Arv Programmer website (<http://sofn6.org/arv/>). We will send you a reminder then. Application for CITs and Staff will open at the same time.

Because we know that graduating from Camp Trollfjell is an important right of passage for our Campers we do not want the Camp closure of 2017 to deny this important event to Campers who would have been 13 in the Summer of 2017. So we will allow these Campers, who will be 14 in the Summer of 2018 to attend Camp Trollfjell. They can choose to attend Trollfjell Folkehøgskule if they wish.

Regards,
Language and Heratige Camp Administrative Committee

Slate of Officers for 2018

The Nominating Committee: Chair Lis Barca, Karen Larson, Anne-Marie Winterhalder & Advisor Marne Olson, is pleased to announce the following slate of candidates for election as lodge officers for 2018.

President – Anne-Marie Winterhalder

Vice-President – Siri Fenson

Secretary – Susan Potter

Treasurer – Lis Barca

Co-Social Directors – Karen Larson & Rebecca Thompson

Co-Cultural Directors – Marit Barca & Else Bratlien

Cultural Skills Director – Siri Fenson

Sports Director –

Editor – Lis Barca

Sunshine – Sandra McConnell

Greeters – Kathryn Norman, Natosi Johanna & Zoe Barca

The annual election of officers will be conducted on Saturday, November 4, 2017 at 10:30 am at Norway Hall, 617 West 9th Street in Santa Rosa. Following the election will be a new member welcome coffee.

Voting in the election may only be done by members of Freya Lodge, Sons of Norway currently in good standing. All election matters will be conducted in accordance with the Sons of Norway constitution and the by-laws of Freya Lodge. Additional nominations for office may be made from the floor during the meeting when nominations are declared open for that office.

If you are interested in any Officer positions, please contact any member of the nominating committee.

Norway Embraces Rainforest Conservation

Earlier this year, the Norwegian Parliament officially guaranteed that the government's public procurement policy will be deforestation-free. In a nutshell, this means that the Norwegian Government will no longer buy products linked with tropical deforestation or sign contracts with companies that destroy forests.

Forests and trees cover 31 percent of the earth's land, and are vital to human and animal existence. Every second of the day they produce oxygen and remove carbon dioxide from the atmosphere, essentially making up our planet's lungs. Without them, survival is nearly impossible.

Norway funds forest conservation projects worldwide and has continued to support human rights programs for forest communities for years. With its commitment to a zero deforestation policy, Norway stays true to its strong stance on supporting causes that protect the environment.

From Sons of Norway Newsletter Service

Pumpkin and Beef Casserole

Adapted from www.apéritif.no

2 lbs trimmed tender beef, diced	4 shallots, roughly chopped
2 large garlic cloves, minced	3 tbsp olive oil
2 plum tomatoes, chopped	1 green bell pepper, cubed
1 tbsp salt	½ tsp ground pepper
1 tsp tabasco	1 tsp sugar
12 dried apricots, cubed	3 large potatoes, peeled and cubed
2 cups white wine	3 cups beef stock, water or broth
3 large sweet potatoes, peeled and cubed	1 medium sized pumpkin (about 7¾ lbs)
¼ cup melted butter	½ cup fine sherry
2 fresh cobs of corn	fresh coriander

Heat oil in a large frying pan and brown beef. Add onion and garlic and saute until soft. Add remaining ingredients and bring to boil. Cover and simmer for 45 minutes.

Bring lightly salted water to a boil. Add corn and boil for 4 minutes. Remove from water and allow to cool. Cut kernels from the cob and set aside.

Remove the top of the pumpkin, creating an 8" or 9" opening. Remove strands and seeds. Brush the inside of the pumpkin with melted butter. Place pumpkin in a baking dish. Add sherry and corn to the heated meat mixture and pour into the pumpkin. Replace the pumpkin top and place in the oven on the lowest rack at 350° F. Bake for 1 hour. Serve directly from the pumpkin and include the tender flesh of the pumpkin.

WHEAT WEAVING

Instructor Carol Thompson from the California Straw Arts Guild will teach us the art of wheat weaving.

October 28th from 10am to 1:30pm
Norway Hall
617 W 9th St, Santa Rosa

Members \$20 ~ Non-members \$25

Cost includes instruction, materials fee and a light lunch of soup and salad.

3 wheat weaving projects will be covered.

Maximum 10 participants.

Please contact Marne Olson @ 528-1876 or <mailto:RSVP@FreyaLodge.org> for reservations.



Welcome New Members:

No new members this month

Thanks for Renewing:

Bill Brox
HelenMae Dahl-Herzberg
Pamela Johnson
Hollis Stavn
Sue Thue

Norwegian Music 101

For many people Norwegian music means Edvard Grieg. His great musical gifts, often expressed through old Norwegian folk tunes, have been loved for well over a century. New music treasurers, however, have been created in Norway since his time and composers and performers continue to enrich old forms with new vitality.

Are you interested in listening and learning and maybe expand your horizons by joining a free, four session class? I will set one up – if, at least, four persons sign up. We will meet in Oakmont.

Let me know, as soon as possible, if you wish to join. 303-7860 or siri-max@att.net

Siri Fenson
Cultural Skills Program
Coordinator



Vikingfest Bakery

If you haven't signed up to bring

"Sugar and Spice and Everything Nice"

you may still do so. Call Siri at 303-7860 or e-mail sirimax@att.net.

I will be at Norway Hall on October 13 between 10AM and 1PM to receive your donations. You may also bring them Saturday morning (Oct. 14) – preferably close to 10AM when the Vikingfest opens its doors.

I thank you, in advance, Siri Fenson

Mange Tusen Takk!



FREYA LODGE, SONS OF NORWAY PRESENTS

30th Annual Vikingfest

*Culture, Community,
Camaraderie*

**OCTOBER 14,
2017
10 AM TO 3 PM**

**Norway Hall
617 W 9th St
Santa Rosa, CA 95401**

- Taste of Norway Lunch
- Live Viking Reenactments
- Traditional Bakery
- Scandinavian Vendors
- Imported Foods
- Fresh Waffles and Coffee
- Raffle Prizes
- Photo Booth
- Genealogy

www.freyalodge.org

Free Admission



Vikingfest is Freya Lodge's annual celebration of Norwegian heritage and all things Norwegian: from Viking era reenactments to modern art and pottery, Nordic arts and crafts, traditional foods, heritage keepsakes, cultural displays and demonstrations, and remembrance of Leif Erikson.

Come be a Viking for the day!





It's time to Raise the ROOF at Camp Norge!

We purchased Camp Norge back during the **Eisenhower Administration** and like Ike, the roof on the Main House has faithfully protected us from the elements for over 60 years*. But the old gal is about to give up the ghost!

We spring leaks  during every storm.

It's time to "Raise the Roof"!



How can you help? We have partnered with the **Sons of Norway Foundation** to hold a Campaign to raise **\$50,000!** Your donations are **Tax Deductible** if you donate through this campaign. And remember, October is Foundation month.

And it's easy!

Simply go to the Sons of Norway Foundation website www.sofn.com/foundation and click on the Camp Norge fundraising link. **The campaign kicks off on October 1st.**

Or if you prefer, write a check payable to Sons of Norway Foundation, be sure to write "Camp Norge" on the memo line, and mail your check to:
Sons of Norway Foundation, 1455 West Lake Street Minneapolis, MN 55408-2666



Every penny counts! The District Six Recreation Center Board is counting on your support so we can replace that roof soon! For more information contact Board President Fred Hymans, 916-486-4429 or fred.hymans@campnorge.com

* rooves aren't designed to last that long!



*“Whistle While You Work” —
and we do when we’re
making Camp Norge a
better place!*

END OF SEASON WORK PARTY AT CAMP NORGE
Saturday and Sunday — November 18-19, 2017
(Board Meeting on November 17 at 9:00am)

This weekend party includes: free lodging, lunch and dinner on Saturday and breakfast on Sunday in return for 5 hours of work per day!

What can you do to help us winterize the Camp? We have many projects and one will certainly suit you or simply “strike your fancy”.

- 1. Deep cleaning in all the dorm rooms, the cozy cabins, the Stabbur, the Social Hall, Heritage Hall and the Main House is a major job. Grab your buckets and let’s get scrubbing!!*
- 2. Shut off water in Meadow Bath and Social Hall.*
- 3. Pressure wash tables and chairs outdoors, gather leaves and debris and haul to the burn pile.*
- 4. Organize kitchen dishes and utensils in the Social Hall and the Main House Kitchen.*

—The complete list, compiled by our Buildings and Grounds Committee is long and has items for anyone’s interest and abilities. It is attached, for Lodge Editors and Camp Ambassadors, so ask them for a copy!

*Please RSVP to **Kirby Aasen**, Vice President, at Kirby.aasen@campnorge.org, 707-349-8792 or President **Fred Hymans** at fred.hymans@campnorge.org, 916-412-3797.*

*Contact **Susan Winje**, Treasurer, at susan.winje@campnorge.org or 530-389-8000 for room accommodations at Camp.*

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“Jewel In The Sierras”

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Culture, Community, Camaraderie

Freya Lodge, Sons of Norway

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