



# FREYA FORUM

Freya Lodge #6-062 Newsletter

March 2017

## Ord fra Presidenten



During some spring cleaning of the storage area last year, the Freya Lodge Bingo Game was found and an old friend came back into service. The fundraiser and fun-raiser "Raise the Roof Bingo", held on February 17th, was born. The fundraising idea created by Lis Barca and the Barca Family drew people from all around the area and was very successful for a first time event. Lis and Zoe Barca ran the Bingo game while Marit Barca helped Karen Larson cook and serve the Lapkaus/Beef Stew for dinner. Thank you to Sandi McConnell, Claudia Larson, Susan Potter, Darryl Laxo, John Hill and Laurel Powers who also helped with the Bingo fundraiser. There will be other Bingo games in the coming months which will help raise funds for a new roof for Norway Hall.

The Vikings of Bjørnstad will be back on March 18th for Freya's annual Celts and Vikings Corned Beef and Cabbage Dinner. The Vikings have a new presentation entitled "Digging the Vikings: An Archaeological Perspective."

The program will focus on what we have learned about the Vikings from scientific research including some of the discoveries in recent archaeological digs. Besides the delicious corned beef and cabbage entrée, there will also be Irish soda bread and a scrumptious apple cake for dessert. A little Leprechaun has also told me that there will some nice Irish raffle prizes to win, including an Irish hand-made sweater or two.

Be sure to get your tickets early for the Corned Beef and Cabbage dinner  
And may the ***Luck of the Irish be with you!***

Marne Olson  
President



### Upcoming Freya Lodge Events:

- Vikings in Ireland Dinner  
Mar 18 @ 5pm
- Scandinavian Brunch  
Apr 22 @ 12pm

## Freya Book Club

The Freya Book Club will be back this spring with the club's first reading assignment: Henrik Ibsen's Hedda Gabler. This March there will also be a live broadcast of the play Hedda Gabler from the National Theatre, London at the Rialto in Sebastopol on March 9th at 7:00 pm and on March 18th at 10:00 am. Another book on the reading list will be "Norse Mythology" by Neil Gaiman. Author Neil Gaiman will also be reading excerpts from his book, "An Evening with Neil Gaiman", at the Luther Burbank Center on March 31st at 8:00 pm. Please contact the Rialto in Sebastopol and the Luther Burbank Center in Santa Rosa if you are interested in those performances.

The Freya Book Club is a reading group that concentrates on literature from the Scandinavian countries. Although many of the books will be by Norwegian authors, other Scandinavian countries will also be represented in the reading list. This is not a literature class, but those of you interested in the Sons of Norway Cultural Skills Program in Norwegian literature will be able to fulfill many of the reading requirements in that program. The book club will also show films from time to time on some of the books that have been made into films. For instance the first book chosen by the book club was "A Man Called Ove" by Swedish Author Frederik Backman which has recently been made into a film. We hope to show this film at the hall in the near future. For those of you interested in joining the Freya Book Club or for information on meeting dates, please contact Marne Olson at 707-528-1876 or email [marne.olson@sonoma.edu](mailto:marne.olson@sonoma.edu).

## Karen's Column

'Tis the 'wearing of the green' this month at your Freya Lodge! Our very popular Celts and Vikings corned beef and cabbage dinner is coming up soon on March 18th. Get your tickets soon since this dinner is always a sellout. Tickets are available through Brown Paper Tickets. Check the flyer in this month's Forum for further information on ticket purchases. The program presented this year by the Vikings of Bjornstad is, "Digging the Vikings: An Archaeological Perspective." The program will focus on what we have learned about Vikings over the last twelve centuries from the archaeological record. Come and enjoy an evening with your fellow lodge members and guests. The cost for this delicious dinner is \$20 for adult members, \$25 for adult non-members and children age 6 – 14 are \$8.



We will be serving the traditional corned beef and cabbage dinner with a bit of a Nordic touch. Yummy mashed rutabagas will round out our menu to add a bit of a Viking flavor. Come and enjoy an evening of good Irish and Norwegian food and share a bit "o Irish cheer" with a toast of Irish beer or whatever your liking be! You can also "Skol" with a shot of Aquavit too! Remember, get your tickets soon as only a limited number will be sold.

Would you believe, spring is almost here! Hard to believe with all of the rain that we have been having but, yes it is true, spring begins on March 20th. Daffodils are showing their color and trying to stay upright with the rain. With the coming of spring, it is time to mark your calendars now for our upcoming Scandinavian Brunch which will be on April 22nd, starting at 12:00 pm. Please join us at Norway Hall for a delicious brunch. We will be serving a farmers omelet, kringle and fruit. Mimosas will also be available for purchase.

Our speaker for our Scandinavian Brunch will be Kari Tauring, a runes scholar and author of the book, *The Runes: A Deeper Journey* (2016). Kari connects the ancient, the immigrant, and the modern in Nordic culture with her stories, songs and dances that span the ages. Come and welcome Kari to Santa Rosa. Listen to Kari as she ties ancient traditions to her family's Lutheran immigrant experience with humor of one whose people helped shape the face of the Norwegian lands in Minnesota and Wisconsin.

Please check out the flyer in this month's Freya Forum for more information on the Scandinavian Brunch. Remember to get your tickets early. Tickets are available on Brown Paper tickets. Cost for this event is \$17 for members and \$22 for non-members.

Last but not least, I would like to thank everyone who helped in putting on our last event in February. Our Lapskaus and Bingo night was a huge success! We are starting our "Raise the Roof" events to help fund the replacement of the roof at Norway Hall. With this super wet winter, our roof is telling us that it needs replacing and what a fun way to raise the roof!!!! Bingo with Lis and Zoe Barca was a hoot! Zoe called off the numbers in Norwegian and hearing those at our table pronounce them was worth the show! Any one hear the number "Sexy shoes" called? Oh, for the translations! A fun evening was had by all and plans are in the making for doing it again. Let's get the new roof on Norway Hall!

See you at the Corned Beef and Cabbage dinner on March 18th and don't forget to wear some Viking green!

Cheers,  
Karen Larson

### Crafter's Day at Norway Hall

The next craft day is Monday March 6th from 10am to 1pm. And then again on March 20th.

There will be lots of books with ideas to inspire you. Some of us may have project for our next craft fair that we can work on, or you can bring your own. Or scout out a project for the next time. We will swap ideas and visit. Bring a brown bag lunch.

Hope to see you there.

Marit



## Volunteers Needed for Corned Beef Dinner!

### Friday March 17th at 10am.

- Set tables, set up serving area, decorate hall, set up coffee, tea and juice station and set up bar area. **(two or more persons)**.
- Prep work in kitchen. Washing potatoes, rutabagas, cabbage. (ready to cook on Saturday). **(two or more persons)**.

### Saturday March 18th

- Kitchen help – making lemonade, starting coffee, **(one person – 3:45pm)**
- Help in kitchen to fill serving trays – 4:30 to 5:30pm. **(one or two persons)**
- Servers needed – 4:30pm until about 5:30 pm (depending on serving line). Will need **four servers** to serve at chaffing table. We will be serving corned beef, potatoes and carrots, cabbage, and mashed rutabagas. No experience necessary!
- Getting dessert ready to serve. Plating dessert and putting it on the serving table. **(two persons)**
- Clean-up. After the dinner and program are over, we will need **three to four persons** to help with clean-up. (Clearing tables, putting away food items, and washing dishes.

If you can volunteer some time to help make this dinner a success, please call Karen at 996-9889 or e-mail me at [tandkrlarson@sbcglobal.net](mailto:tandkrlarson@sbcglobal.net). Thank You!!

## Youth Outreach

Girl Scout Troop 10132 of Santa Rosa has chosen Norway for their country to study on the annual Girl Scout World Thinking Day in February. Early in January, they met to learn a Norwegian folk dance, design and make their SWAPS (Special Whatchmacallit Awards to Pin Somewhere) in the form of troll pins, and design their information board and table with facts about Norway. Mia and I brought lefse for all to enjoy, thanks to Julie Bogue, sister of Karen Larson. The girls loved the lefse!

In late February this troop joined other Girl Scout troops in the area, each bringing a different country to showcase and share with the other girls, and collect SWAPS from other troops representing different countries. This encourages the girls to learn a little about international sisterhoods. Hopefully, Troop 10132 may participate in some Freya Lodge activities over the next year.

Hilsen,  
Janice Shipley

*\*\* Our next project is to try to get some Norwegian pen pals. Please contact Janice if you know some kids in Norway (ages 9-12) who would like to be pen pals.*

## Drink Like a Scandinavian

How a spirit from 16th-century Norway made its way to Montana. And why it should be in your glass.

A Viking boat may not have been able to make it to Montana, but that doesn't mean the Scandinavians couldn't. Along with the Homestead Act of 1862, which gave settlers 160 acres of land for a small fee and a commitment to live there for five years, the extension of the transcontinental railroad across the U.S. helped Scandinavians migrate to the agricultural frontier of Montana. Today their Nordic heritage remains embedded in the folkways of the Northern Great Plains, so much that it demanded a familiar and hard-to-find drink: "We started making aquavit on request from the local fraternal order of the Sons of Norway," says Ryan Montgomery, cofounder of Montgomery Distillery in Missoula. "And we continue making it not only because we sell out, but because aquavit has significant ties to the culture and climate of the region." Montana's nutrient-rich volcanic earth and abundant snowmelt provide the exceptional grain and water quality that aquavit relies on.

Aquavit is a traditional spirit distilled from potato or grain ash that has the predominant flavor of caraway (the taste you think of when you think of rye bread), a botanical related to parsley and cilantro. It's finished with aromatics like lemon, fennel, and cardamom, resulting in a drink that is savory and yet fresh, almost minty—a counterbalance to the salty preservation methods (fermentation, smoking, curing) necessitated by Nordic winters. The aquavit process is a straightforward double distillation. Montgomery uses a 100 percent non-GMO hard red winter wheat strain called War Horse, grown on his grandfather's farm, which is now tended by his parents. The wheat is mashed with hot water and fermented at a temperature that allows the yeast to digest the sugar. If the temperature gets too hot, cool water is run into the fermenter's exterior stainless-steel jacket. "When the yeast has eaten all the sugar, what you essentially have is beer," Montgomery says. "The first distillation is a stripping run, not a flavor-determining run. It is just about getting the alcohol out of the beer as fast as we can." The result, called low wines, is about 25 percent alcohol by volume.

The second fractional distillations, done in a 21-plate copper column still, cuts the spirit to a specific proof and creates a very clean canvas—basically like vodka—for the addition of the botanicals. "We return the spirit to the pot still and give it a last run to create vapor infusion," Montgomery says. As the vapor rises, it passes through a cheesecloth bag of aromatics suspended on a metal grate before being recondensed as flavored aquavit, cut with filtered water, and bottled at 80 proof.

"Making aquavit is our chance to introduce something with great history that is still new to most Americans," Montgomery says. The traditional way of drinking aquavit is straight and ice cold in small glasses—and never without first toasting your tablemates by saying, "Skoal." Additionally, Montgomery says, "we substitute it for vodka in our Bloody Marys and other craft cocktails." It tastes good with a little curaçao in a daiquiri, too.

By Francine Maroukian <http://www.popularmechanics.com/home/food-drink/a24395/drink-like-a-scandinavian-aquavit/>

# How a Genealogical Society Can Help

From my earliest days, I remember hearing my grandmother refer to my grandfather as a "stubborn Norwegian." If she were still around, I would reply to her, "You say that like it's a bad thing."

In the pursuit of a death record for Johan Anton Anderson, a Norwegian immigrant who resided in L.A., we contacted three different entities in order to get what we wanted. This record could likely provide not only death and burial information, but birth date and location as well as the name of decedents' parents.

Having already found the necessary information in the California Death Index on Ancestry.com, we fully expected to easily obtain a copy of Johan's death certificate. The Los Angeles County Registrar/Recorder's office denied having a copy, even though the certificate number was provided. They referred us to the California Department of Public Health.

This agency also denied having this death certificate in their records.

The third entity was the Southern California Genealogical Society. For a \$20 search fee, they were not able to locate Johan's death certificate either but provided other records pertaining to Johan's wife and children so we didn't walk away empty handed. The SCGS found him in a county index with a reference number that should have allowed the Los Angeles County Registrar/Recorder's office to locate the record.

Even with that information, the county recorder's office still denied having a copy.

A second attempt was made with the California Department of Public Health pointing out that Johan was in the CDI. Miraculously, this time the death certificate was located and we got our copy. It didn't include the specific birth locale information we wanted but provided the names of Johan's parents. This corroborated information obtained from another source, confirming that we had the right Johan who had emigrated from Kristiania.

Norwegian stubbornness as well as perseverance paid off. Often, government employees are not as enthusiastic about genealogy as the rest of us. Use as many agencies and documents as necessary to solve the research problem.

John Hill is working on his second level of the Genealogy Cultural Skills Pin. This requires providing documentation for the lives of one set of grandparents and one set of great grandparents. Johan Anton Anderson is John's great grandfather on his maternal side.

*Submitted by Pamela Stutrud Groth*



We are beginning our fundraising efforts in order to replace the roof of Norway Hall. We welcome any financial contribution to this effort at any time. You may send checks payable to Sons of Norway to our PO Box 6558, Santa Rosa, CA 95406. Please indicate the donation is for the roof so it is deposited accordingly. You may also donate via PayPal on our website [www.freyalodge.org](http://www.freyalodge.org). Click the "Donate" button and follow the instructions on the screen to pay via debit or credit card.

## Gratulerer med dagen

Marit Barca  
Tanya Barca  
Stephanie Bent  
Leona Biddle  
Kari Bjoran  
Deborah Cherkas  
Cindy D'Angelo  
Max Fenson  
Curtis Fjelstul  
Margret Kram  
Laurel Laingen  
Beverly Mooney  
Michele Silver  
Kaare Stjern  
Ashlynd Tapparo  
Joshua Williamson  
Liam Williamson

## Save the Date, For a very Special Event!

The speaker for our April 22nd Scandinavian Brunch is coming all the way from Minneapolis to do a presentation for us.

Kari Tauring is a Norwegian-American with very strong ties to Norway and Norwegian culture. She is a singer, a musician, a teacher and a storyteller and on April 22nd she will use all her talents to give us a fascinating program about the old Norse runes and rune stavs .

Please go to the Freya Lodge website, [www.freyalodge.org](http://www.freyalodge.org), and make your reservations for this very special event. Invite your friends to come along so we can have a full house for Kari. Needless to say, the food will be wonderful, Farmers omelet, fresh fruit salad and delicious homemade Kringle. Mimosas will be available for purchase. The cost is \$17 for members and \$22 for non-members.

Hope to see you there!

## Welcome New Members:

No new members this month

## Thanks for Renewing:

Ronald Allan  
Anne Marie Eskilsson  
Mark Fahey  
Lester Hoel  
Unni Hoel  
Loren Hovland  
Kenneth Johnson  
Gloria Keller  
Lorraine Komor  
Barbara Lund  
Peter Meirik

## Freya Sports Column

Last month, I introduced you to the Sports Medal Program and its five achievement pins focusing on: general fitness, skiing, swimming, bicycling, and walking.

It is important to remember that the Sports Medal Program is designed to encourage participation in fun physical activities to help get us and keep us healthier. And, regardless of your activity level or exercise of choice, there should be some activity that is of interest. The Sports Medal Program provides a structure of goals to achieve and rewards accomplishing each goal level with a recognition pin awarded at a future lodge meeting. The Program may simply be a way for you to keep track of an athletic activity that you are already doing or encourage you to start or regularly maintain doing that activity.

Let's begin with an easy way to get started indoors: It is the beginning of March and the rainy weather is likely going to be with us for a while, which means walking and biking outdoors can be unappealing. However, if you have a treadmill (for walking) or an exercise bicycle or a Nordic Track (for skiing), you can start in on as many as three of the pins indoors

Walking (Gangmerke) – Starting with the Bronze pin, this award recognizes walking a total of 100-150 miles (depending on your age). On your record card, you record each date you take a walk and the distance. (see URL link below) ([https://www.sofn.com/member\\_resources/cultural\\_programming/sports\\_medal\\_program/levels\\_requirements/](https://www.sofn.com/member_resources/cultural_programming/sports_medal_program/levels_requirements/)). For each new Program Pin, you start over at zero and have a greater distance to achieve. You have 365 days to complete the requirements for each pin - so you might set up your own daily/weekly goals.

The Bicycling (Sykkelmerke) Bronze Pin only requires 60-150 total miles (depending on your age) and cross-country Skiing (skimerke) is 15-100 kilometers.

Simple, right? So, let's get started!

Next month: More on the Sports Medal Program

Rolf Erik Thorson, Sports Director Freya Lodge



## Cultural Skills Program

Learning a traditional Norwegian cultural skill is one of the reasons that spring from Sons of Norway's mission and encourages membership in a lodge.

Freya Lodge is offering, among so many other things, classes to further your knowledge in knitting, rosemaling, Norwegian literature, genealogy and music. A figure wood carving class is also being offered, although it is at capacity. The carvers have met once and were shown the ins and outs of wood carving by Master Carver and Freya Lodge member, Bill Splaine. Now starts the fun of carving "something".

At the March meeting, several members will receive awards for having reached various Cultural Skills levels by learning about Norwegian music, by knitting and by searching for their ancestors (genealogy).

Feel free to contact Siri Fenson at 707-303-7860 if you have any interest in learning any of the skills mentioned above.

## Upcoming Events

### The Scandinavians

Corned Beef & Cabbage Lunch—\$18  
March 17—11:30a @ Marvin's in Cotati

### Danish Soldier's Club

Apr 1 Smørrebrød Lunch at Kastania,  
Contact Vagn Nielsen at 707-996-9950

### Linnea Lodge

April 22 1:00 pm Spring Scandinavian Potluck Luncheon, at Veterans Mem. Bldg., Petaluma

### Bjornson Lodge 107th Anniversary

April 23, 2017 at 5pm. Zio Fraedo's  
Contact Nancy Eikeberg  
[nceikeberg@comcast.net](mailto:nceikeberg@comcast.net) for information.

**Multi-Lodge Picnic** - August 12 or 26, 2017.  
Ibsen Park, Woodside, CA.

**Vesterheim Museum Tour** – District 6 is sponsoring a tour from September 20—24, 2017.  
Details available <http://sofn6.org/newsletters/>.

# Scholarships!

These scholarships are available through the Sons of Norway Foundation at <https://www.sofn.com/foundation/scholarships/>

### The Bernt Anker Scholarship (Deadline April 10)

- our first 4-year scholarship
- American citizens to study in the US
- up to \$3,000 per year for up to 4 years
- may be used for community college with the intent of receiving a bachelor's degree
- preference for students without parents or with single parents but anyone may apply

### The Orel and Marie Winjum Memorial Scholarship(Deadline April 10)

- American citizens to study in the US
- one year scholarship for up to \$2,000
- open to students of Norwegian and/or German heritage
- may be used for community college with the intent of receiving a bachelor's degree

### The Nancy Lorraine Jensen Scholarship (Deadline April 1)

- Female member or a daughter or granddaughter of a current member
- Accepted as a major in chemistry, physics or in chemical, electrical or mechanical engineering

## Camp Norge Update

"Fueled by an atmospheric river that funneled a vast amount of moisture into Northern California, the severe winter storms that hit last month caused countywide damage. Perhaps the most prominent is the culvert failure and washout of Morton Road in Alta. The incident isolated 15 homes (and Camp Norge). An alternative access was established, however it traverses a steep, windy gravel road over private property." Placer County newspaper



The picture to the left is where the road used to be and you can see the depth of the washout. This was a major event!

The county expects to put out the bid, to build a permanent bridge over the washout, in mid-February and "hopes" to complete construction by the end of June 2017. They have \$3 million to complete the project. So----can we expect access to Camp Norge by the end of June? We don't really know and we won't know until the project is complete, to be completely honest and realistic.

As of now, we are cancelling all activities, including Camps Trollfjell/Trollfjell Folkehøgskule, scheduled through the end of July. With this natural disaster occurring, there will be no revenue for Camp during these months. Therefore, our Caretaker has graciously agreed to resign from his position and leave the Camp. The Camp will remain closed to any visitors, whether Sons of Norway members or not, until this road repair is completed.

The Recreation Center Board of Directors has met over this issue and the Camps Trollfjell's Administrative Committee has had conversations. The Camp is financially prepared to be closed at this time. However, there are always ongoing expenses that must be met. Any Lodges or Sons of Norway members who wish to contribute to Camp Norge expenses are encouraged to do so. We will also be applying for a "Helping Hands to Members" Grant through the Sons of Norway Foundation to aid in this disaster.

Thank you all for your patience and understanding. We are looking forward to the opportunity to turn this "lemon into lemonade" and reopen later this year with great programs and activities, especially Hardanger Camp in August, Northern California Kretsstevene over Labor Day weekend and Rosemaling in October!! We'll keep you posted!

Fraternally,  
Mary Beth Ingvaldstad, President—District Six

# Swedish Semla (Norwegian Fastelavnsbolle)

Preparation time: 1 hour 30 minutes

Rest time: 1 hour 30 minutes

Baking time: 15 minutes

Ingredients (for 25 semlor)

## For the dough

2-¼ lb all purpose flour  
2-¼ tablespoons active dry yeast  
1-½ cup milk  
6 tablespoons butter, soft  
1 teaspoon salt  
½ cup sugar  
3 eggs  
2 tablespoons freshly ground cardamom  
2 egg yolks

## For the whipped cream

2 cups heavy cream  
1 cup icing sugar

## For the almond paste

1 egg white  
2 cups almond meal  
¾ cup icing sugar  
½ cup sugar  
1 teaspoon almond extract  
½ teaspoon freshly ground cardamom

## Dough

Heat milk until it reaches a temperature of 100 F.

Dissolve yeast in warm milk. Add sugar, butter, eggs and cardamom and mix well.

Pour the flour gradually until you obtain a smooth dough (you may not have to use all the flour). Incorporate the salt.



Cover and let rise for 1 hour, in a warm place, away from drafts.

Place the dough on a floured work surface and divide it into 25 equal pieces (about 1 oz each), and form balls.

Line a baking sheet with parchment paper and place each ball, making sure you leave enough space between them.

Cover and let rise for another 30 minutes.

Preheat oven to 350 F.

Brush the rolls with the beaten egg yolk and bake for 15 to 20 minutes, or until they turn golden.

Take them out of the oven, and place each of them on a rack.

## Whipped cream

Pour the heavy cream and the icing sugar in the bowl of a stand-in mixer, and whisk for a few minutes until it becomes airy and not too dense. Transfer to a pastry bag with a tip.

## Almond paste

Mix the icing sugar, the sugar and the almond meal until obtaining a fine powder. Then, sieve the powder.

Beat the egg white for 1 minute.

Pour the almond powder into the egg white, add the almond extract, then knead by hand to obtain a homogeneous and firm dough.

Transfer the almond paste into a pastry bag with a tip.

## Assembling of Semlor

Cut out a small piece at top of each roll and take a little bit of the inside out to make some space to fill.

Using the pastry bags, fill each roll with a third of almond paste and two thirds of whipped cream, then cover with the small top.

Dust a little icing sugar on top of each semla before serving.

From [www.196Flavors.com](http://www.196Flavors.com)

**DISTRICT SIX SCHOLARSHIPS  
SONS OF NORWAY  
For school year 2017-2018  
Application for \$1,000 Scholarships**

Scholarships are awarded to an Undergraduate Student attending any accredited post-secondary schooling or training institution.

Applicant for this scholarship must be a current Unge Venner\* or a Youth Member of a Sons of Norway, District Six Lodge

**Application must be postmarked on or before April 1, 2017**

For the school year 2017-2018, District Six is pleased to award **three (3) scholarships of \$1,000 each**, to students entering their sophomore, junior or senior year in an accredited post-secondary schooling or training institution in the USA. Scholarships awarded will be payable jointly to the student and the institution of learning and mailed to the student before August 1 of the application year. Students may apply each year of their undergraduate study.

**Eligibility Requirements:**

1. \* A youth between the ages of 16 and 23 inclusive, who is a lineal descendent or resides in the same household as a District Six Sons of Norway member in good standing; or a youth member paying Unge Venner dues.
2. Applicant must be 23 years old or younger on April 1 of the application year.
3. Applicant must be enrolled in an accredited post-secondary schooling or training institution.
4. Applicant must be a full-time undergraduate student who has completed at least one (1) term (semester or quarter) of studies. Scholarship funds are intended to be awarded for studies in the sophomore, junior or senior year.
5. Applicant's college or university Grade Point Average (GPA) must be 2.50 or higher, based on a letter grade scale of A=4, B=3, C=2, D=1, F=0.

**PLEASE COMPLETE THE ATTACHED APPLICATION FORM AND RETURN WITH THE FOLLOWING:**

**Check list of Requirements:**

**Include ALL items required in 1 envelope. Incomplete applications will not be considered.**

1. Application form completed and signed.
2. Official transcript in a sealed envelope from the accredited institution you are attending, presenting work you have completed to date.
3. Two letters of recommendation in sealed envelopes: 1 from a faculty member of the institution you are attending and the other from a member of your lodge in District Six.
4. A statement of extra-curricular activities in which you participate, verified by documentation.
5. Sons of Norway activities and events in which you have taken part.
6. Essay of not more than 250 words, describing your current understanding of your career goals, how you plan to pursue them and how your studies will honor the Scholarship and the Sons of Norway.
7. Recent photo (headshot) no smaller than 3 inches wide by 4 inches high.

This application is downloadable in Sons of Norway District 6 website [www.sofn6.org](http://www.sofn6.org) under Scholarship.

If you have questions, please email Sons of Norway District Six Scholarship Chairperson, Carl Ingvoldstad at [cinvoldst@aol.com](mailto:cinvoldst@aol.com).

**DISTRICT SIX SCHOLARSHIP  
SONS OF NORWAY  
For school year 2017-2018**

**Application for a \$1,000. Scholarship**

Name (First, Middle, Last) \_\_\_\_\_

Current Address \_\_\_\_\_

Home Address \_\_\_\_\_

Email Address \_\_\_\_\_

Phone \_\_\_\_\_

Birthdate \_\_\_\_\_ Birthplace \_\_\_\_\_

Citizenship Country (must be USA) \_\_\_\_\_

Marital and family status: Single (\_\_\_) Married (\_\_\_) Number of Children (\_\_\_)

Sons of Norway Unge Venner or Youth Membership Number \_\_\_\_\_

Lodge Name and Number \_\_\_\_\_

Sponsor name, Sons of Norway Membership Number and Lodge Name/Number \_\_\_\_\_

\_\_\_\_\_  
Name, address and phone of school you are now attending or expect to transfer to: \_\_\_\_\_

\_\_\_\_\_  
Major subject in which you are now enrolled \_\_\_\_\_

Completed terms (must be at least 1) \_\_\_\_\_ semesters or quarters (circle 1)

Preferred mailing address should you be a recipient of a scholarship:

\_\_\_\_\_

Applicant Signature \_\_\_\_\_

Date \_\_\_\_\_

**Mail completed and signed application and requirements on or before April 1, 2017 to:**

Carl P. Ingvoldstad, Sons of Norway District Six Scholarship Chairperson  
Sons of Norway District Six Scholarships  
17207 Squirrelhill Road  
Hidden Valley Lake, CA 95467-8813

Rev 10/2016

# Celts and Vikings

Corned Beef and Cabbage Dinner

March 18, 2017 @ 5:00 pm



## “Digging the Vikings: An Archaeological Perspective”

The program will focus on what we have learned about Vikings over the last twelve centuries from the archaeological record.

By Vikings of Bjørnstad

[www.vikingsofbjornstad.com](http://www.vikingsofbjornstad.com)

**Norway Hall  
617 West 9th St, Santa Rosa**

**For more information contact  
Karen: 707-996-9889**

**Or email to  
[tandkrlarson@sbcglobal.net](mailto:tandkrlarson@sbcglobal.net)**

**Cost:**

- Adult member \$20
- Adult non-member \$25
- Children age 6-14 \$8.



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Tickets available through Brown Paper Tickets

[www.freyalodge.org](http://www.freyalodge.org)

<http://www.brownpapertickets.com/event/2787360>

Or call 1-800-838-3006

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**SONS OF  
NORWAY**



# Freya Lodge Scandinavian Brunch

April 22, 2017 - 12:00pm



Please join us at Norway Hall to welcome singer and story-teller Kari Tauring from Minneapolis, who will do a presentation on Nordic runes and the völva stav.

*"Tauring's hypnotic storytelling and singing make for a charming and instructive trip to the northlands" - Huffington Post*



Farmers Omelet, Kringle and Fruit  
Mimosas available for purchase



Members - \$17  
Non-Members - \$22



Tickets available through Brown Paper Tickets  
<http://www.brownpapertickets.com/event/2871044>  
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Questions? Contact Anne-Marie @ 707-894-1807

Kari Tauring is an American folk musician, author and teacher. She sings and writes Nordic folk music of her familial Norwegian heritage.

Her website is [www.KariTauring.com](http://www.KariTauring.com)



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